

The traditional hotel with zeitgeist



# **KUNZMANN'S HOTEL FROM A-Z**

HOTEL | RESTAURANT | SPA | AYURVEDA



Warm Nelcome

# **TO KUNZMANN'S HOTEL**

As a traditional hotel in Franconian Saaletal our love for our home and nature is what sets us apart. Uniquely placed in the unmistakable scenery of the Bavarian Rhön, we connect Franconian hospitality with state of the art service, regional culinary, an exclusive wellness offer and authentic Ayurveda treatments. See for yourselves: In this brochure you can find everything important about our hotel and services, as well as helpful tips for excursions for your unforgettable stay. Naturally, our team is available for further inquiry anytime.

Your

Carolin & Gregor Kunzmann and Team

Keywords at a glance

ACTIVITY PROGRAM		CHANGING TABLE	
AIRPORT		CHARGERS / ADAPTERS	
À LA CARTE		CHECK-IN FOR SPA TREATMENTS	27
ALLERGIES & INTOLERANCES	21	CHURCH SERVICE	
ALLERGY SUFFERERS	0	CIGARETTE MACHINE	10
ALLENGT SOTT ENERGY			10
ALPACA HIRE APPOINTMENT BOOKING & SPA INFORMATION			
		COFFEE & CAKE	
ARRIVAL	9	COMMUNICATION IN THE SPA	2/
AVIATION		COMPANY CELEBRATION	
AYURVEDA APPOINTMENT BOOKING & INFORMATION		CONCIERGE SERVICE	
AYURVEDA BATH TOWELS & BATHROBES		CONSIDERATION IN THE SPA	
AYURVEDA CANCELLATION		COSMETICS	
AYURVEDA CHECK-IN		COUNTERCURRENT POOL	
AYURVEDA CLOTHING		COUPLE TUB	
AYURVEDA COMMUNICATION		CREDIT CARD	
AYURVEDA COMMUNICATION		CROSS-COUNTRY SKIING	
AYURVEDA DOCTORS		CUSHION BAR	
AYURVEDA DRINKS		CYCLING	
AYURVEDA FULL BOARD		DAILY MAIL	
AYURVEDA MADUKKAKUZHY		DAMPFERLE	
AYURVEDA MANTRA CHANTING		DATA PROTECTION	
AYURVEDA MEDICINE		DAY TRIP DESTINATIONS	10
AYURVEDA MEDITATION		DEPARTURE	
AYURVEDA MEDHATION		DETOX BODY WRAP	
AYURVEDA NATURAL REMEDIES		DOCTORS IN THE VILLAGE	
AYURVEDA OILS		DOGS	
AYURVEDA PRICES		DRINKING WATER	
AYURVEDA SYNCHRONOUS TREATMENT		E-BIKE RENTAL	
AYURVEDA THERAPISTS		E-CHARGING STATIONS	
AYURVEDA TREATMENT ROOMS		EDUCATIONAL NATURE TRAIL ASCHACH	
AYURVEDA TREATMENTS		ENVIRONMENTAL BONUS TAG	
AYURVEDA YOGA		ENVIRONMENT & SUSTAINABILITY	11
AYURVEDIC CUISINE		EVENT OPPORTUNITIES	
BABY CRIB			
BACKPACK	9	EVENT TIPS	
BAD BOCKLET & SURROUNDING AREA		EXCURSION DESTINATIONS	
BAD KISSINGEN & SURROUNDINGS	40	FACEBOOK	
BALTHASAR-NEUMANN SPRING		FACIAL TREATMENT	27
BAMBERG		FAMILY CELEBRATION	
BANK AND ATM		FAN	
BAR		FASTING CURE	12 21
BATH BAG / WELLNESS BAG		FAX	
BATH DAG / WEELNESS DAG		FIRE	
BATH TOWELS		FIREPLACE LOUNGE	
BATH WATER TEMPERATURES		FIRST AID	
BAYERISCHE SPIELBANK CASINO	40	FISHING	
BEEF		FITNESS ROOM	
BICYCLE PARKING		FLADUNGEN	
BLACK MOOR		FLOWERS	12
BLANKETS		FOOD & DRINKS IN THE SPA	
BOARD GAMES		FRANCONIAN OPEN-AIR MUSEUM FLADUNGEN	
BONUS PROGRAM		FULDA	
BOOKS PAVILION		GAME	
BOTENLAUBEN CASTLE RUINS		GAS STATION	
BREAKFAST		GOLFING	
BREAKFAST IN THE ROOM	9	GRADUATION WORKS	
BUS CONNECTION		GRANDER WATER	
CANCELLATION SPA		GREGOR   1926	
CAR WASH		GUEST CARD	
CELLPHONE USE IN THE HOUSE		GUIDED TOURS	
CELL PHONE USE IN THE SPA	2/	HAIRDRESSER	

HALF BOARD	
HIGHLAND CATTLE	
HIKING	
HORSEBACK RIDING	4
HOSPITAL	
HOTEL ENTRANCE	1
HOTEL SHOP	
HOT WATER BOTTLE	1
HYGIENE ARTICLES	
HYGIENE IN THE SPA	
INFUSION	
INSTAGRAM	
IRONING SERVICE	
JOGGING	
KETTLE	
KIDS & TEENAGERS IN THE SPA	2
KISSSALIS-THERME	
KREUZBERG	
K'S SPA LOUNGE	
LAKE BASALTSEE	4
LAUNDRY AND DRY CLEANING SERVICE	
LEISURE & EXERCISE	
LEMONADE	
LETTERS & POSTCARDS	
LIBRARY	
LOST PROPERTY	
LUGGAGE SERVICE	
MASSAGES	2
MEDITRINA SALT HEALING GALLERY	
MINIATURE GOLF	
MINIBAR	
MUD PACK	2
MÜNNERSTADT	
MUSEUM GEORG SCHÄFER	
MUSEUM OBERE SALINE	
MUSEUMS	
NATURE DESTINATIONS	
NEWSPAPERS & MAGAZINES	
NIGHT PORTER	
NORDIC WALKING	
OUTDOOR POOL	
PACKED LUNCH	
PARISH CHURCH STEINACH	
PARKING SPACES / VALET PARKING	
PEELING	
PERSONAL SCALES	
PHARMACY	
PHOTOCOPY	
PICNIC	
PLAYGROUND	
PRINTS	
PRIVATE SPA	
PRODUCTS FOR HOME USE	
RATINGS	
READING LAMP	
RECEPTION	
RED MOOR	
REGIONAL PRODUCTS	
REPAIRS	1

RESTING ROOM IN SPA	
RHÖN-STUBE	
ROMANTIC DINNER	
ROOM BILL	
ROOM CLEANING	
ROOM KEY	
ROOM SERVICE	
ROOM UPGRADE	
RUPPEL-MILL IN ROTH	
SAFE	.15
SAUNA	
SCHLOSS ASCHACH - MUSEUMS	
SCHWEINFURT	
SEASONAL MENU	
SEWING KIT	
SHOE SHINE MACHINE	.15
SHOPPNG FACILITIES	
SHOWER STOOLS	.15
SKIING	44
SLEDGING	
SOCIAL MEDIA	
SOCIAL MEDIA BONUS	
SPA	
SPA CLOTHING	28
SPA PARK AND READING HALL	
SPA RECEPTION	
SPECIAL SERVICES	
STAGECOACH RIDE	
STONE WALL	
SUNBATHING LAWN	
SWIMMING	
SWIMMING LAKE	44
SWIMMING POOL & WHIRLPOOL	
TABLE RESERVATIONS	
TAXI CAB AND SHUTTLE TRANSFER	
TELEPHONE	
TELEPHONE WAKE-UP CALL	
TOURIST INFORMATION	
TOWEL & LINEN CHANGE	
TOWELS	
TRAIN STATION	
	.16
UNDERGROUND CAR PARK VEGAN & VEGETARIAN MEALS	
VITALITY BAR VOUCHERS	
WASSERKUPPE	
WASSERROFFE	
WEDDINGS	
WEDDINGS	
WEIGH FROGRAM	
WILDLIFE PARK KLAUSHOF	40
WINTER HIKE	
WÜRZBURG	
YOGA	



# LIVING & WELL-BEING

All information around our hotel

**DINING & SAVORING** 

from page 7



Restaurant GREGOR | 1926 from A-Z



SPA & WELLNESS Worth knowing about our Kunzmann's spa

from page 24

from page 18





# AYURVEDA

All around our Ayurveda treatments

from page 30

# NATURE & ACTIVITY

Adventures beyond the Kunzmann's Hotel

from page 36



# **KUNZMANN'S** HOTEL



#### SPECIAL SERVICES AT A GLANCE

We are certain: There is more to memorable rest. At Kunzmann's Hotel we therefore offer special indulgence services - for you only.

Our rooms and suites are captivating due to their detail-orientated modernity in which the love for nature and the region is unfailingly perceptible.

#### FREE SERVICES FOR YOU

- + COZY BATHROBE INCLUDING TOWELS AND SLIPPERS FOR THE DURATION OF YOUR STAY
- + ONE BOTTLE OF RHÖNSPRUDEL MINERAL WATER IS READY UPON ARRIVAL TO YOUR ROOM
- + BUS CONNECTIONS OF ALL PUBLIC BUSES IN THE COUNTY OF BAD KISSINGEN. TO THE KREUZBERG AND THE BÄDERLAND-BUS ARE WITH YOUR GUEST CARD
- + 1X ENTRY TO THE BAD KISSINGEN CASINO
- + PARKING DIRECTLY AT THE HOTEL
- + WIFI
- + YOUR PERSONAL KUNZMANN'S PARTING GIFT
- + HEALING WATER DRINKING CURE IN BAD BOCKLET
- + E-CHARGING STATION IN THE PARKING LOT OUTSIDE

#### **AVAILABLE FOR BOOKING**

+ UNDERGROUND PARKING SPACE WITH DIRECT ACCESS TO THE HOTEL (OPTIONALLY INCLUDED E-CHARGING station)

# **KUNZMANN'S HOTEL** FROM A-Z

#### ACTIVITY PROGRAM

We are pleased to be able to offer you lots of activities inside as well as outside of Kunzmann's Hotel for the entire week. From yoga, Nordic Walking and meditation, to aqua fitness, there's something for everyone. For the exact times of our activity program, see our daily mail. If you are in need of further information, our team at the reception is available for you at all times. Please note that you need to register for some of our program proposals. Just talk to our team at the reception.

#### AIRPORT

The closest airports are located in Frankfurt (155 km), Nürnberg (146 km) and Stuttgart (235 km).

#### ALLERGY SUFFERERS

If you suffer from any kind of food intolerance or allergy, this is not to diminish your stay at Kunzmann's. Our kitchen staff will gladly compose an individual menu for all allergy sufferers upon request. To make this possible, we kindly ask you to inform us about your wishes and intolerances timely, at best before your stay or upon your arrival. Our chef will also gladly be available for consultation.

We will not only take care of your well-being in our restaurant but in your rooms as well. For a relaxed sleep, all our comforter covers and inlets are also suitable for allergy sufferers

If you have any further inquiry on the topic of allergies, feel free to contact our service team. You can reach out to our employees by phone via the "Rezeption" button.

#### ARRIVAL

Welcome to Kunzmann's! Your room is ready for occupancy at 03:00 PM. Naturally, we welcome you earlier with pleasure, as well. Our restaurant GREGOR | 1926, our garden and our lobby are fully available to you. If you would like to move into your room before this time for an additional charge, feel free to contact us.

#### BABY CRIB

With pleasure, we will make a baby crib available to you for free.

#### BACKPACK

Do you feel like exploring the beautiful countryside around our hotel? For your excursions during your stay with us, we will of course provide you with a backpack free of charge against a deposit. Simply contact the reception for this purpose.



#### BANK AND ATM

The following financial insitutions/ATMs are available to you in Bad Bocklet:

#### SPARKASSE BAD BOCKLET

Von-Hutten-Straße 41 Telephone: +49 (0) 971 8280

#### **VR BANK BAD BOCKLET**

Von-Hutten-Straße 41 Telephone: +49 (0) 9708 705535

#### BAR

We welcome you to some relaxing drinks and cocktails at our hotel bar. The bar, as well as our fireplace area, are open daily from noon until 12:00 PM

#### **BATHROBES / SLIPPERS**

In your wellness bags, which are to be found in your room already, you will find towels and bath slippers for your spa visits. Furthermore, you will find a loaned bathrobe in the closet. If you take a liking to our bath bags and bathrobes, they are available for purchase at the reception. Please do not forget to take your wellness bag back to your room after leaving the wellness area.

#### **BICYCLE PARKING**

In case you bring a bike, there is a possibility to park it in our underground car park. Please note that we cannot assume liability for parked bicycles.

#### BLANKETS

If you like to be cozy, we will provide you with an additional blanket. Just turn to our team.

#### **BOARD GAMES**

According to an old tradition of the house, there is a bookcase in the stairwell in front of the first floor. If needed, you can find a selection of lending books and games on this bookshelf, which are available free of charge.

#### **BONUS PROGRAM**

Enjoy our exceptional bonus program and become a member of our so called "Kunzmann's Vorteilswelt" - easily and free of charge. Benefit from exclusive offers and booking discounts. As a welcome gift you will receive a 15.00 € voucher for our Kunzmann's Hotel. You can find more information in our hotel brochure.

#### BREAKFAST IN THE ROOM

Upon request, we will be happy to serve you breakfast in your room between 07:00 AM and 10:30 AM for a surcharge of 15.00 €. Please select your desired breakfast on the order form. You will receive the order form at the reception. Please hand this form in at the reception or in our restaurant until 08:00 PM the day before.

#### **BUS CONNECTION**

The nearest bus stop "Kunzmann's Hotel" is approximately 100 m off, above our hotel on Kissinger Straße. With your guest card you can use all buses in Bad Kissingen county and to the Kreuzberg for free. Our employee at the reception will hand you a bus schedule if needed.

#### CAR WASH

If you want to wash you car, we can recommend the follwing car washes in Bad Kissingen:

#### HANFT WASCHSTRASSE

Alte Kissinger Str. 6 97688 Bad Kissingen

#### CLEANPARK WASCHANLAGE

Rudolf-Diesel-Str. 16 97688 Bad Kissingen

#### CELLPHONE USE IN THE HOUSE

Out of consideration for the other guests, we ask that you put your cell phone on silent in our restaurant and do not talk on the phone. To preserve your privacy and that of the other guests, we ask you to turn off your cell phone in the entire spa area. Thank you for your understanding!

#### CHANGING TABLE

You will find a changing table in the women's restroom in the basement. Just follow the stairs in the hotel lobby.

#### **CHARGERS / ADAPTERS**

A selection of common chargers and socket adapters are available for you to borrow free of charge at the reception.

#### CHURCH SERVICE

You will find the following churches and religious communities in Bad Bocklet. For the exact mass times or further questions please contact our reception team.

### ST. LAURENTIUS | ROMAN CATHOLIC

Kirchweg 1, 97708 Bad Bocklet

JOHANNESKIRCHE | PROTESTANT Talstraße 6, 97708 Bad Bocklet

#### CIGARETTE MACHINE

The nearest cigarette vending machine is located on the first floor next to the entry / elevator to the underground parking garage.

#### COAT HANGER / SHOEHORN

Additional hangers as well as shoehorns are available upon request directly from our housekeeping or upon request at the reception.

#### COMPANY CELEBRATION

Make your company celebration an unforgettable experience! Whether you prefer the vinotheque or the pavilion in the garden - with us you will find the right location for your company celebration. We will be happy to serve you a festive menu according to your wishes and help you put together an interesting arrangement. For further information please contact our reception staff. You can reach them by calling +49 (0) 9708 78 0 or pressing the "Rezeption" button on your telephone.

#### CONCIERGE SERVICE

Our concierge service is available to you for table reservations, recommendations or information on nearly any topic at the reception.

#### CREDIT CARD

We accept EC cards, Visacard, Mastercard and Maestro as well as JCB, UnionPay and American Express. In addition, you can of course pay cash.

#### CUSHION BAR

In order to provide you with the most comfortable sleep possible in our hotel, we offer a selection of special pillows as a service in addition to the pillows that are already in your room:

#### SPELT PILLOW - APPROX. 40 / 80 CM:

Filling weight 1,700 g, our spelt filling consists of valuable minerals and silica.

#### VIRGIN SHEEP WOOL PILLOW - APPROX. 40 / 80 CM:

Filling weight 600 g, this pillow is filled only with selected, felt-free virgin sheep's wool. The inner pillow with wool balls is enclosed separately.

#### LUMBAR CUSHION - APPROX. 27 / 50 CM:

Perfect for cradling your body into a lumbar-friendly sleep. In this case, the back muscles are relieved. This pillow is especially suitable for guests with a hollow back.

#### STANDARD PILLOW - APPROX. 80 / 80 CM:

We will gladly provide you with an extra pillow.

Just let our reception team know by phone or in person which pillow you would like us to bring to your room.

#### DATA PROTECTION

The protection of you data is very important to us. Our data protection information is therefore supposed to inform you about every aspect of the data processing. You can find it on our website under the menu item "Datenschutz". Your data will only be processed according to DSGVO, which means according to government regulations. We will gladly answer any inquiry on the protection of data via e-mail: datenschutz@kunzmanns.de.

#### DAILY MAIL

Every day we inform you in our daily mail about the current weather in Bad Bocklet, the daily offer within the activity program, current events and opening hours.

#### DAY TRIP DESTINATIONS

You can find information on day trip destinations and sightseeing in the region in chapter "Nature & Activity" on pages 36 to 45. Further information will gladly be given at the reception. We are also available for a consult.

#### DEPARTURE

You don't want to say goodbye to your vacation yet? No problem! Even on the day of your departure, there is a possibility for you to add a day spa for an additional charge, so you can use and enjoy our wellness area until evening. We do however ask you to please leave your rooms by 11:00 AM at the latest. Please remember to leave your room key at the reception desk. If you are still going to visit Spa area after Check out, please hand over your bathrobe and spa bag at our reception. You will find lockers and shower facilities in our spa. You can leave your luggage with our team at the reception.

If you prefer a Late Check Out, you are welcome to request it at the reception for an extra charge.

#### DOCTORS IN THE VILLAGE

You can find the following doctors in Bad Bocklet:

#### GENERAL MEDICINE

Dr. med. Staab & Dr. med. Stoll Telephone: +49 (0) 9708 704310

Dr. med. Tchoumakova Telephone: +49 (0) 9708 554

#### DENTISTRY

Dr. Grepl Telephone: +49 (0) 9708 1012

Should you be in need of a specialist, please turn to the reception for help.

#### DOGS

Man's best friend is also welcome in our hotel. For the registered stay of your dog we ask a daily flat rate of 20.00 € per dog, with which we charge your room bill. In addition, we ask for your understanding that dogs - out of consideration for the other guests - are not allowed in our restaurant as well as in the spa area. We are therefore very happy to serve you your meals at the tables of our bar or, in fine weather, on our terrace.

We will also be happy to clean your room according to your dog and his bedtime. Please let us know the desired cleaning time at the reception. In addition, we ask you to inform our staff if your dog is alone in the room. Simply hang the "Do not disturb" sign on your door. We ask for your understanding that every owner has to take care of the supply of food and a dog basket for their dog by themselves. You will find walking paths around our hotel to walk your dog, as well as the Franconian Saale to cool off in our adjacent park. Bags for walking your dog can be found in the park or at the entrance from Kunzmann's garden into the park.

#### DRINKING WATER

For drinking water, you can also simply turn to tap water with us. Our tap water has the best drinking quality. Alternatively, revitalized Grander water is also available to you free of charge in our Kunzmann's spa.

#### **E-CHARGING STATIONS**

For your electric car, there are two e-charging stations in our underground parking garage, as well as others in the outdoor parking lot. Please simply contact our staff at the reception. You are also welcome to reserve an underground parking space with an e-charging station (for surcharge).

#### **ENVIRONMENT & SUSTAINABILITY**

Here at Kunzmann's Hotel, the environment is very close to our hearts. We get our electricity from our own photovoltaic system and provide a total of five e-charging stations for our guests. Our hotel therefore received the DEHOGA Environmental Award in Gold and participates in the Environment + Climate Pact of the Bavarian government. Every guest who renounces a linen change during their stay will receive an environmental bonus from us in the form of a  $5.00 \in$  reduction for hotel services.

We get our game from our own hunting ground. In addition, we also have organic fruit from our own cultivation.

Our Kunzmann's Hotel is located in the middle of the Rhön, in the center of Germany. The Rhön stretches from northern Bavaria to Thuringia and Hesse and is one of the most popular hiking and excursion destinations in Germany. The heart of the Rhön is the biosphere reserve. For all outdoor activities, we would like to urge you to treat nature with respect. Because only in this way can the beauty of this landscape, worthy of protection, unfold and persist.

#### ENVIRONMENTAL BONUS TAG

Together for our environment: Do without your room cleaning and join us in the sustainable protection of our environment. For your personal commitment you will receive a 5.00 € reduction per day on hotel services by attaching this sign to the outside of your room door by 07:00 AM at the latest. Thank you very much! The reduction is granted for stays of at least two nights and is not valid on the day of departure. The reduction is per room and night. When using this card your room will not be cleaned, however room cleaning will be done automatically from the 4th night, in this case no discount will be granted. The posted card is valid by the day.

No payout or credit is possible and only applicable to hotel services used during the stay.

#### EVENT OPPORTUNITIES

Kunzmann's offers you the perfect premises for meetings in a quiet atmosphere. For meetings, one large meeting room (70 m<sup>2</sup>) and two smaller meeting rooms (50 m<sup>2</sup> and 30 m<sup>2</sup>) are at your disposal. All of them offer modern equipment. After a productive meeting, you can fortify yourself with a light, delicious meal and take advantage of our extensive range of wellness and relaxation services - ideal for regaining strength and continuing to work in a concentrated manner.

#### FACEBOOK

Let's connect! Social media allows us to stay in touch with you even after your departure. We are happy if you want to stay in touch with us after your stay as subscribers, through your comments and likes.

Through our social media channels, you will get a behindthe-scenes look at Kunzmann's, be informed about news and receive information about special offers and voucher specials first and regularly. You can find us on Facebook under "Kunzmann's Hotel | Spa | Restaurant".

You are enthusiastic about our hotel, active on social media yourself and would like to share your experience with us with your friends and followers? We are very happy about that. For Instagram stories, videos or posts of our hotel with tags of our social media accounts, we would like to thank you: All you have to do is tag our social media account. You will receive a complimentary glass of Secco or a glass of our homemade Kunzmann's lemonade for your posts during your stay with us. Simply show the post or story including the tag to our reception team and you will be handed a voucher directly.

#### FAMILY CELEBRATION

Make your family celebration an unforgettable experience! Whether you prefer the vinotheque or the pavilion in the garden - with us you will find the right location for your family celebration. We will be happy to serve you a festive menu according to your wishes and help you put together an interesting arrangement for young and old. For more information, please contact our reception staff. You can reach them by calling +49 (0) 9708 78 0 or by pressing the "Rezeption" button on your telephone.

#### FAN

For hot summer days we are happy to provide you with a fan against a deposit. Please contact our reception team for this purpose. Please understand that the fans are only available in a limited quantity.

#### FASTING CURE

You want to do something good for your body and support it in its natural purification? Here at Kunzmann's Hotel we offer you a therapeutic fasting cure according to Buchinger. This not only purifies and detoxifies your metabolism - in addition, therapeutic fasting has a mood-lifting effect. You can find more information on our website. Our reception staff will also be happy to answer any questions you may have. You will receive the daily warm body wraps from our colleagues at the spa reception.

#### FAX

If you are expecting a fax, you are welcome to have it faxed directly to our hotel free of charge at the fax number +49 (0) 9708 78 100. Please remember that there must be information on the fax to whom it is addressed. You have to send a fax? Then please contact the hotel reception. We will add the costs incurred to your hotel bill.

#### FIRE

Fire extinguishers can be found on every floor in the stairwell, in the underground car park entrance and in the designated places. For your safety, a fire alarm system is installed throughout the hotel, which is triggered in case of emergency.

Please understand that open fires (e.g. candles) are strictly prohibited in your guest rooms.

#### FIREPLACE LOUNGE

Are you looking for a quiet environment where you can read a book undisturbed or just relax? Our fireplace lounge in the spa is the best place for this. For an additional charge, you can reserve a lounger there exclusively for the entire day and unwind.

#### FIRST AID

You can reach the emergency rescue service by calling 112 or via our hotel reception on +49 (0) 9708 78 0 or the button "Rezeption" on your telephone. In addition, first aid kits are available in all public departments of our hotel. We are also very proud of the fact that our employees have completed first-aid training and can therefore help in emergencies.

On-call medical service	116 117
Police	110
Fire department / Emergency services	112

#### FITNESS ROOM

Healthy movement. For this purpose you can use our free fitness room, as well as our swimming pool. If you prefer to do sports outdoors, we can recommend our park. It is perfect for jogging, as well as for taking a walk. You can find more tips for outdoor activities in the "Nature & Activity" section of this brochure.

#### FLOWERS

If you wish to express your words with flowers, our reception team will be at your service. Together with our local florist, they will consult and help you make the right choice. Please inform us early enough and mind the fact that we will charge you an additional fee for this service. For more information, just approach our employees at the reception.

#### GAS STATION

You can find the following gas stations around our hotel:

- AVIA | Brückenstr. 2, 97708 Bad Bocklet-Steinach – DISTANCE: 4 KM –
- **OMV** | Heiligenfelder Allee 2, 97688 Bad Kissingen - DISTANCE: 10 KM -

JET | Würzburger Str. 23, 97688 Bad Kissingen

#### GREGOR | 1926

Regional cuisine meets refined culinary - indulge your palate with delicious dishes. Juicy organic fruit from our own cultivation, the most tender meat from game from the hotel's own hunting ground and the tasty Rhön trout (seasonal) are just some of the basics for a variety of hearty dishes in the restaurant GREGOR | 1926. You can find the opening hours of our restaurant under the item "dining times".

#### GUEST CARD

Upon arrival you have received a guest card from us. With this you can use, among other things, the bus connection, as well as the cultural program of Bad Bocklet. In addition, your guest card is not only valid with us, but also in all four neighboring spas (Bad Kissingen, Bad Neustadt, Bad Königshofen and Bad Brückenau). For more helpful information about the benefits of your guest card, please contact our reception team.

The visitor's tax fee is charged daily for each person over 18 years. We will charge this separately to your stay. (If you have a handicapped ID card, please do not forget to present it upon arrival).

#### HAIRDRESSER

If you would like to get a new haircut, we recommend the following hair salons in the vicinity:

#### FRISEURSALON "BAUER"

Von-Hutten-Straße 14, 97708 Bad Bocklet Telephone: +49 (0) 9708 6824

#### JANINA EHRENBERG FRISEURE

Von-Hessing-Straße 10, 97688 Bad Kissingen Telephone: +49 (0) 971 71879886

We will be happy to make an appointment for you.

#### HOSPITAL

The nearest hospital is in Bad Kissingen: St. Elisabeth Hospital, Kissinger Str. 150, 97688 Bad Kissingen (10 km).

#### HOT WATER BOTTLE

If you need a hot water bottle, we will be happy to provide you with one free of charge for the duration of your stay. Please contact the staff at our reception desk. Our therapeutic fasting guests also receive a body pad at the spa reception.

#### HOTEL ENTRANCE

Our hotel entrance is closed from 12:00 PM - 07:00 AM. Of course, you can always enter the house with your room key through the main entrance: At the entrance there is a lock for your key to the right of the door.

Please don't forget to take your room key with you when you go out in the evening.

#### HOTEL SHOP

Are you enthusiastic about our high-quality cosmetic products? You can also purchase these for your daily care at home in our spa. For souvenirs, such as our beautiful Kunzmann's mugs, feel free to contact our reception team.

#### HYGIENE ARTICLES

Forgot your toothbrush or razor? No problem. A toothbrush or shaving kit, as well as other cosmetic items such as shower cap, nail file, cotton pads and ear sticks are available free of charge at our reception.

#### INSTAGRAM

Let's connect! Social media allows us to stay in touch with you even after your stay. We are happy if you stay in touch with us after your stay as subscribers, through your comments and likes.

Through our social media channels, you will get a behindthe-scenes look at Kunzmann's, be informed about news and receive information about special offers and voucher specials first and regularly. You can find us on Instagram at @kunzmannshotel. Our hashtag: #ilovekunzmanns.

Are you enthusiastic about our hotel, active on social media yourself and would like to share your experience with us with your friends and followers? We are very happy about that. For Instagram stories, videos or posts from our hotel with tags of our social media accounts, we would like to thank you: All you have to do is tag our social media account. You will receive a complimentary glass of Secco or a glass of our homemade Kunzmann's lemonade for your posts during your stay with us. Simply show the post or story including the tag to our reception team and you will be handed a voucher directly.

#### **IRONING SERVICE**

You need to have a piece of clothing ironed? Just turn to our team at the reception. You will receive your freshly ironed clothes back within one hour. Please note that we will add the costs of this service to your hotel bill.

If you would prefer to iron clothing yourself, we will gladly make an ironing set available for you in your room. For this, we will charge you a rental fee of 10.00 € a day.

#### KETTLE

For a one-time fee of 15.00  $\in$ , we will gladly provide you with a kettle for your room for the duration of your stay.

#### LAUNDRY AND DRY CLEANING SERVICE

If you have clothes that need to be washed or dry-cleaned, we are happy to offer you our laundry and dry cleaning service in cooperation with our laundry partner (drop-off before 9 AM, return by appointment – weekend excluded, laundry bags available). For information, please feel free to contact our reception.

#### LETTERS & POSTCARDS

At the reception, you receive Kunzmann's postcards, as well as further writing utensils, to send your holiday greetings. Stamps are also available for purchase at the reception. We will gladly take your postcards and letters to the post office for you. If you receive any messages or mail, we will leave those for you to pick up at the reception.

#### LIBRARY

Following an old tradition of our house, we have a bookcase in the stairwell in front of the first floor. If needed, you will find an array of loanable books and games there at your disposal. If you have brought a book and finished it already, you are free to leave it on the shelve and give future guests a treat.

#### LOST PROPERTY

If you have lost something, it is best to turn to our reception right away. On the other hand, if you find something, we ask you to leave these items with us at the reception.

#### LUGGAGE SERVICE

Do you need help loading and unloading your luggage? We will be happy to help you with this as well!

However, in order to make the waiting time as short as possible for you, we ask you to inform us of a desired pick-up time for your suitcases already the evening before the day of departure. If you would like to make use of our luggage service, simply contact our reception on +49 (0) 9708 78 0 or dial the "Rezeption" button on your telephone. In addition, we have a secured luggage room where we will be happy to store your suitcases for you.

#### MINIBAR

We as a hotel also want to make our contribution to environmental protection every way possible for us. Therefore, our coolers are generally switched off and not filled. We are happy to fill the minibar with drinks of your choice. Please let our team at the reception or in the restaurant know your wishes from our drinks menu. As part of the room service, we will be happy to bring them to your room at anytime.

#### **NEWSPAPERS & MAGAZINES**

At our reception you will find a small selection of daily newspapers and magazines for sale.

#### NIGHT PORTER

Our night porter is with us in the house from 10:00 PM to 07:00 AM. If you need help at night, please do not hesitate to contact our night porter by pressing the "Rezeption" button on your room telephone.

#### PACKED LUNCH

We will be very happy to provide you with a delicious packed lunch for your excursion for an additional charge. Should you leave before 07:00 AM on the day of your departure, and thus before our breakfast time, we will also be happy to prepare a breakfast package for your journey home. Please inform us for this purpose by 06:00 PM the day before, at the latest.

#### PARKING SPACES / VALET PARKING

If you arrive by car, there are several parking facilities directly in front of our hotel, free of charge. You are also welcome to use our underground garage for a fee and subject to availability. We ask for your understanding that it is in the interest of all guests if you park only within the markings, so that the adjacent parking space can be approached without problems. You will be arriving by electric car? Then our charging stations for electric cars are available to you both in the outdoor parking lot and in our underground garage. On request, we will park your vehicle. Please leave your car key at the reception.

#### PERSONAL SCALES

Upon request, we will be happy to provide you with a digital bathroom scale for your room. Please contact our reception staff for this.

#### PHARMACY

There is a pharmacy right above our hotel:

Brunnen Apotheke An der Promenade 4 Telephone: +49 (0) 9708 1248

If you are in need of a night- and weekend service, please turn to the reception for help.

#### ΡΗΟΤΟCOPY

If you have something to copy, want to scan a document or need a printout, you can simply contact our reception. We will be happy to copy for you. We will charge the associated costs to your hotel bill.

#### PICNIC

You are planning an excursion or just a relaxing day in the countryside? Then we will be happy to provide you with not only a packed lunch but also a picnic basket with a variety of delicacies - vegetarian or vegan - and refreshing drinks. Of course, we will also provide you with a beautiful picnic blanket for the perfect picnic. Please do not hesitate to simply contact our staff in the restaurant.

#### PRINTS

You want to print a bike map or your plane ticket? We will gladly print it for you for free. Just send us your documents via E-Mail to willkommen@kunzmanns.de or turn to an employee at the reception for further inquiriy. You are in need of a printer for further (business-)prints, in black and white or color? We will gladly print any documents that you need in exchange for a small fee. Please understand that for security reasons we cannot accept foreign USB flash drives.

#### RATINGS

You are enjoying your stay? We are glad! Share your happiness and rate our Kunzmann's Hotel on Google, TripAdvisor, Holidaycheck or Facebook. You have any comments or suggestions for improvement? Contact us, we are happy to be there for you and always strive to improve our service for you.

#### READING LAMP

If you are in need of a reading light, you can borrow them free of charge at the reception.

#### RECEPTION

Our staff is at your disposal Monday to Sunday from 07:00 AM to 10:00 PM at our reception. If you need anything or have any questions after 10:00 PM, our night porter will be happy to help you by phone. You can also reach him by pressing the "Rezeption" button on your telephone.

#### REPAIRS

Even though we put a lot of love into our hotel, we are unfortunately not always completely free of faults. If you notice that a repair is necessary in your room, we ask you to report the damage to our reception so that we can immediately inform our house technology department. We apologize in advance for any inconvenience caused.

#### **RESTAURANT TIMES**

In our Restaurant GREGOR | 1926 you will find regional delicacies as well as unique Ayurvedic dishes.

#### BREAKFAST

from 07:00 AM until 10:30 AM **LUNCH** from 12:00 PM until 02:00 PM

SNACKS from 12:00 PM until 06:00 PM

DINNER from 06:00 PM until 09:00 PM

BAR from 12:00 PM until 12:00 AM

ROOM SERVICE from 07:00 AM until 12:00 AM

#### ROOM BILL

You can pay your room bill both at the end of your stay and at any time during it. We kindly ask you to pay your bill by the time of your departure at the latest. Please sign your guest checks with your name and room number. Express-Check Out is available upon request.

#### ROOM CLEANING

Our rooms are cleaned daily from 08:00 AM to 03:00 PM by our housekeeping. If you do not want to be disturbed, please hang the "Do not disturb" sign on your room door.

We are happy to change your bed linen daily, upon request. Please let our cleaning team know. Please also note our Environmental Bonus Tags. If you decide that your room does not need cleaning and your towels should also not be changed daily by us, you will receive a  $5.00 \in$  voucher for your environmentally conscious actions.

#### ROOM KEY

If you leave our hotel and do not want to take your room key with you, then you are welcome to leave it with us at the reception. Please remember that our hotel entrance is closed from 12:00 PM to 07:00 AM. Nevertheless, you can always enter our house with your room key. At the entrance, there is a lock for your key to the right of the door.

#### ROOM SERVICE

You would like to have your meal privately and undisturbed in your room? Then our room service with delicacies from our restaurant GREGOR | 1926 is at your disposal from 07:00 AM to 12:00 AM for an extra charge of  $5.00 \in$  (breakfast 15.00  $\in$ ) per room. Simply place your order by dialing the extension "Restaurant" on your telephone. You can also place your order personally in the restaurant or at the reception. Your beverage requests we will be served in your room at any time.

#### ROOM UPGRADE

You would like to book a room upgrade? Our reception team will be happy to inform you about availability. In our image brochure, which is also available in your room, you will find an overview of our rooms & suites at Kunzmann's Hotel.

#### SAFE

In our rooms you will find a free safe in the closet for your valuables. This is operated quite simply with a numerical code. For the valuables stored, there is liability according to the statutory provisions. Please understand that we cannot accept any liability for items outside the safe. In addition, we also accept your valuables at our reception and store them there for you in our central safe. We kindly ask you to leave the door of the safe open at your departure. In case of problems or questions, our reception team is always at your disposal.

#### SEWING KIT

Do you need a sewing kit? Simply contact one of our employees at the reception. There you will receive a sewing kit free of charge, as well as other cosmetic items.

#### SHOE SHINE MACHINE

There is a shoe shine machine in the basement next to the elevator. You can also obtain shoe shine sponges from our colleagues at the reception desk.

#### SHOPPNG FACILITIES

Bad Bocklet offers the following shopping facilities for everyday trivialities:

#### **BÜCHER PAVILLON**

At the Bücherpavillon above our hotel, you can find books, stationery, cards and magazines: An der Promenade 1, 97708 Bad Bocklet.

#### BOCKLETER LÄDLE

A small supermarket with regional products is located only 300 m from our hotel on Von-Hutten-Str. 37, 97708 Bad Bocklet

#### NETTO STORE

600 m away from our hotel, you will find a Netto supermarket on Aschacher Str. 1, 97708 Bad Bocklet.

You will find more stores in the neighboring town of Bad Kissingen.

For a shopping tour we recommend, depending on your willingness to drive, the city center of Bad Kissingen, the city gallery in Schweinfurt, the Würzburg city center or Wertheim Village.

#### SHOWER STOOLS

If you are in need of a shower stool for your bathroom, please turn to our team.

#### SOCIAL MEDIA

Let's connect! Social media allows us to stay in touch with you even after your stay. We appreciate it if you stay in touch with us after your stay as a subscriber, through your comments and likes.

Through our social media channels, you will get a behindthe-scenes look at Kunzmann's, be informed about news, and receive first and regular information about special offers and coupon specials. You can find us on the following social media channels:

INSTAGRAM:	@kunzmannshotel a	#ilovekunzmanns
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FACEBOOK: Kunzmann's Hotel | Spa | Restaurant

**PINTEREST:** Kunzmann's Hotel | Spa | Restaurant

#### SOCIAL MEDIA BONUS

You are enthusiastic about our hotel, active on social media yourself and would like to share your experience with us with your friends and followers? We are very happy about that. For Instagram stories, videos or posts from our hotel with tags of our social media accounts, we would like to thank you: All you have to do is tag our social media account. You will receive a complimentary glass of Secco or a glass of our homemade Kunzmann's lemonade for your posts during your stay with us. Simply show the post or story including the tag to our reception team and you will be handed a voucher directly.

#### SPECIAL SERVICES

It is a matter close to our heart to make your stay very special. That is exactly why we offer you numerous free special services for your indulgence. You will find these at the beginning of each chapter in this A-Z or on our website www.kunzmanns.de again, clearly summarized.

#### SUNBATHING LAWN

Our sunbathing lawn is located below our terrace in the hotel garden. There you will also find various seating and lounging options by the pond. You will find further sunbathing areas in the outdoor area of the spa or on our yoga terrace.

#### TABLE RESERVATIONS

We are happy to assist you with table reservations in our restaurant GREGOR | 1926 or outwards restaurants. Please contact our reception team for this purpose.

#### TAXI CAB AND SHUTTLE TRANSFER

We will gladly organize a cab or a shuttle to take you to your desired destination. It does not matter if you only want to go to the neighboring village or if your destination is further away. If necessary, simply contact our reception at +49 (0) 9708 78 0 or via the "Rezeption" button on your phone.

#### TELEPHONE

Of course, you also have the possibility to make external telephone calls with us. For this purpose, your direct extension is: +49 (0) 9708 / 78 + your phone number. You will find this on your telephone.

For an outgoing call, please dial "0" first. Internal calls are free of charge for you. For external calls we charge your hotel bill with  $0.20 \in$  per unit. If you would like to reach another guest of our hotel, simply dial the room number. Please note that for our two-digit room numbers, the "1" must be dialed first. Your telephone extension will only be passed on to others, on request, after explicit order from you.

#### Important Extensions:

RECEPTION	800
SPA	820
RESTAURANT	817
AYURVEDA	832

#### **TELEPHONE WAKE-UP CALL**

We will be happy to wake you up personally. Simply tell our staff at the reception desk your desired wake-up time.

#### TERRACE

On our terrace and in our hotel garden we will be happy to spoil you with delicious delicacies and drinks. Please contact our restaurant team for more information.

#### TOURIST INFORMATION

You will find the tourist office Bad Bocklet in Kurhausstr. 2, 97708 Bad Bocklet. If you have any questions, you can either call +49 (0) 9708 707030 or send an e-mail to info@ badbocklet.de. In addition, you will find all important information at www.badbocklet.de.

#### TOWELS

Because we care a lot about the environment, we kindly ask you: Hang the towels that you want to use again on a hook. If we find a towel on the floor, we will gladly replace it for you. We would like to avoid unnecessary washing and thus contribute to environmental protection through your help.

#### TOWEL & LINEN CHANGE

We are very concerned about the environment, so we would like to ask you: Please hang bath towels that you would like to use again on the hook. If we find your bath towel on the floor, we will gladly exchange it for you. We would like to avoid unnecessary laundry and thus contribute to environmental protection with your help.

Do without your room cleaning and join us in the sustainable protection of our environment.

For your personal commitment you will receive a 5.00 € reduction on hotel services per day for stays of two nights or more. You can find more information about this under the point Environmental Bonus Tag.

#### TRAIN STATION

The nearest train stations are Bad Kissingen station (10 km) and Münnerstadt station (11 km).

#### ΤV

Each of our rooms is equipped with a flat screen. You can find our channel list on the right side of this page. If you have any questions about channels or problems with your TV, our reception team will be happy to help you. Just press the "Rezeption" button on your phone.

#### UMBRELLA

On rainy days we are happy to help you out with an umbrella. At our reception you can quickly and easily borrow one of our Kunzmann's umbrellas free of charge.

#### UNDERGROUND CAR PARK

For a relaxed arrival, no matter what the weather conditions are, you can use our underground garage with direct access to our hotel for an additional charge. In addition, there are also further e-charging stations available for you to charge your car. We will gladly reserve one of our parking spaces for you for an additional charge. Of course, free parking is also available in our outdoor parking lot.

#### VETERINARIAN

If you need a veterinarian, we can recommend the following vets in our area:

#### KLEINTIERKLINIK DR. GRAPPENDORF

Garitzer Str. 10 97688 Bad Kissingen-Garitz Telephone: +49 (0) 971 2657

#### DR. HELMUT FISCHER

Breslauer Str. 2 97688 Bad Kissingen-Hausen Telephone: +49 (0) 971 2875

#### VOUCHERS

You are in need of a gift? Why not give your loved ones a gift voucher from our hotel? Several days of wellness vacation, a romantic dinner in our restaurant, relaxing spa treatments or a day spa - all our offers are also available as a voucher. You can find our selection of vouchers on our homepage www.kunzmanns.de/gutscheine. Of course you can also get the vouchers at our reception. For an additional charge, we are also happy to wrap them as a gift.

#### WEDDINGS

Make your wedding celebration an unforgettable experience! Whether you prefer the vinotheque or the romantic pavilion in the garden - with us you will find the right location for your wedding, family or company celebration. We will be happy to serve you a festive menu according to your wishes and help you put together an interesting arrangement for young and old. For further information please contact our reception staff. You can reach them by calling +49 (0) 9708 78 0 or by pressing the "Rezeption" button on your telephone.

#### WEEKLY PROGRAM

Through our daily mail we inform you daily about our offered activities.

#### WIFI

Our free WIFI is available for you throughout the house. We are happy to provide you with a laptop free of charge (subject to availability). No password is required to dial into the WIFI.

#### welcome@kunzmanns

No password required

hannel list

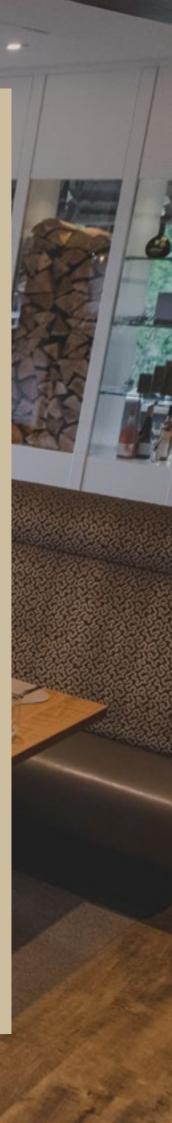
FOR YOUR TV

1	ARD
2	ZDF
3	BR NORD
4	SAT 1
5	RTL
6	RTL 2
7	PRO7
8	KABEL EINS
9	VOX
10	HR3
11	3SAT
12	SAT 1 GOLD
13	BR SÜD
14	WELT
15	NTV
16	EUROSPORT
17	WDR
18	MDR
19	HSE 24 Extra
20	SUPER RTL
21	КІКА
22	EURONEWS German
23	SWR
24	EURONEWS French





KUNZMANN'S RESTAURANT



Pestawrant

# THE MAIN POINTS AT A GLANCE

#### **OPENING HOURS**

BREAKFAST from 07:00 AM until 10:30 AM

LUNCH from 12:00 PM until 02:00 PM

**SNACKS** from 12:00 PM until 06:00 PM

DINNER from 06:00 PM until 09:00 PM

BAR from 12:00 PM until 12:00 AM

#### **ROOM SERVICE** from 07.00 AM until 12.00 PM

#### **REGIONAL CUISINE MEETS REFINED CULINARY ARTS**

- + GAME FROM OWN HUNTING GROUNDS
- + AYURVEDIC FOOD
- + VEGETARIAN AND VEGAN DISHES
- + DELICIOUS FOOD FROM THE REGION IN A MODERN ATMOSPHERE
- + GARDEN TERRACE
- + SPECIAL MENUS FOR ALLERGY SUFFERERS ON REQUEST
- + ROOM SERVICE (AT EXTRA CHARGE)
- + EXQUISITE FRANCONIAN & INTERNATIONAL WINES

# **RESTAURANT GREGOR | 1926 FROM A-Z**

#### ALLERGIES & INTOLERANCES

If you have food intolerances or allergies, they shall not affect your stay at Kunzmann's Hotel. Our kitchen team will put together an individual menu for all allergy sufferers on request. To make this possible, we ask you to inform us of your wishes and intolerances in good time, ideally before your stay or upon your arrival. For advice, our chef is also available at any time, with pleasure.

#### À LA CARTE

In addition to our breakfast buffet and our indulging half board, we also offer à la carte options throughout the day.

Choose your favorite dishes from our exclusive snack menu, enjoy a nice afternoon with coffee and cake or indulge yourself in the evening with an à la carte dinner.

Exquisite Franconian and international wines will round off your restaurant stay. So that you can enjoy the best of all seasons, we adjust our menu several times a year to the corresponding season.

#### AYURVEDIC CUISINE

One of the three pillars of treatment in Ayurvedic medicine is nutrition. That is exactly why our restaurant GREGOR | 1926 also serves Ayurvedic meals. The purely vegetarian meals are prepared according to strict guidelines. The basis of our dishes are regional products in combination with ingredients from the Ayurvedic country of origin: India. Our team is also happy to accommodate your individual wishes, as long as they do not fundamentally contradict the treatment plan.

Have we aroused your interest in Ayurveda? At Kunzmann's it is also possible to book Ayurvedic full board without taking part in Ayurvedic treatments. This includes breakfast, lunch and dinner.

#### BEEF

At GREGOR | 1926 we attach great importance to regional and high-quality food. Therefore, we obtain our beef directly from Edgar Thomas and his Scottish Highland cattle from the surrounding meadows of Bad Bocklet.

#### BREAKFAST

What better way to start the day than with a balanced and rich breakfast buffet? From freshly baked breakfast rolls to regional delicacies, with us there is something for everyone. Our breakfast buffet is ready for you from 07:00 AM - 10:30 AM.

#### COFFEE & CAKE

For the smaller hunger and something sweet in between meals, you will find a selection of homemade cakes. In addition, we serve you a cup of coffee or tea, an energy boost for the rest of the day.

#### FASTING CURE

You are our guest in order to purify and detoxify your body through therapeutic fasting? This cure is not a starvation diet, but a low-calorie drinking diet. Our service team will provide you with vegetable broth, mineral water, tea and freshly squeezed fruit and vegetable juices during your cure. Do you have any questions about the fasting cure? Our service team will be happy to answer your questions.

#### GAME

We are very proud to offer you game from our own hunting ground in our restaurant GREGOR | 1926.

#### HALF BOARD

If you have chosen our indulging half board, a table is already reserved for you in our restaurant. In the highquality 4-course menu compiled by our chef, you have the opportunity to choose from three main courses every day.

We ask for your understanding that we cannot refund meals not taken.

#### LEMONADE

In addition to delicious drinks and cocktails, we are pleased to offer you our own Kunzmann's lemonade during the summer months - freshly prepared by our service team. Feel free to give it a try!

#### PACKED LUNCH

We will be happy to provide you with a delicious packed lunch for your excursion for an additional charge. Simply contact our reception staff or our service team in the restaurant.

#### PICNIC

You are planning an excursion or just a relaxing day in the countryside? Then we will be happy to provide you not only with a packed lunch, but also a picnic basket containing a variety of delicacies - vegetarian or vegan - and refreshing drinks. Of course, you will also receive a beautiful picnic blanket on loan from us for the perfect picnic.

#### **REGIONAL PRODUCTS**

Regional cuisine meets refined culinary arts. In our restaurant GREGOR | 1926 we pay great attention to fresh, regional and high-quality food. Juicy organic fruit from our own cultivation (depending on the season), the most tender meat from game from the hotel's own Kunzmann's hunting ground and the tasty Rhön trout (seasonal) are just some of the basics for a variety of culinary highlights in the restaurant GREGOR | 1926.

#### ROMANTIC DINNER

Do you wish for some more romance? No problem! Our staff will be happy to conjure up a romantic atmosphere in our restaurant by setting the table especially for a romantic dinner. Just contact one of our service staff members for this.

# DELICACIES FROM THE REGION

#### SEASONAL MENU

The dishes on our menu are changed several times a year. As a result, we offer you the best regional products from each season.

#### SPA

We are also happy to serve you your favorite dishes from the snack menu of our restaurant GREGOR | 1926 directly in the K's Spa Lounge.

#### VEGAN & VEGETARIAN MEALS

On our menu you will find a daily varied and seasonally adapted menu with vegetarian and vegan dishes.











## SPECIAL SERVICES AT A GLANCE

#### FREE OF CHARGE - FOR YOUR RELAXED TIME OUT

- + OVER 1000 M<sup>2</sup> OF MOST MODERN SPA AREA
- + SAUNAS: BIO SAUNA & FINNISH KELO OUTDOOR SAUNA
- + STEAM BATH & INFRARED CABIN
- + VITALITY BAR WITH REGIONAL FRUIT, REVITALIZED GRANDER WATER AND A SELECTION OF DIFFERENT TEAS
- + INDOOR POOL WITH COUNTER CURRENT SYSTEM
- + WHIRLPOOL
- + SUN LOUNGERS ON THE YOGA- AND SPA TERRACE AND BY THE PRIVATE POND IN KUNZMANN'S GARDEN
- + WELLNESS/BATH BAG IN YOUR ROOM WITH BATHROBES, WELLNESS TOWELS AND SLIPPERS
- + SPACIOUS, LIGHT-FLOODED RELAXATION ROOM WITH COMFORTABLE LOUNGERS FOR RELAXING
- + FITNESS ROOM

#### BOOKABLE

- + DESIRED TREATMENT IN ONE OF OUR SEVEN MASSAGE AND COSMETIC ROOMS
- + ONE LOUNGER RESERVED EXCLUSIVELY FOR YOU IN OUR FIREPLACE LOUNGE
- + PRIVATE SPA THE SPA AREA ALL TO YOURSELF
- + COUPLE TUB
- + RHÖN PARLOR
- + SNACKS À LA CARTE FROM RESTAURANT GREGOR | 1926 SERVED FOR YOU IN THE SPA

# KUNZMANN'S SPA FROM A-Z

#### APPOINTMENT BOOKING & SPA INFORMATION

We kindly ask you to inform us of your treatment wishes when you make your room reservation or before your arrival. For organizational reasons, we cannot always fulfill treatment requests that are only expressed on site - especially for short stays. Individual consultations and appointment information are available daily at the spa reception in person or by telephone on +49 (0) 9708 78 820 and also by email spa@kunzmanns.de.

#### BATH BAG / WELLNESS BAG

In your wellness bag, which is already in your room, you will find bath towels and bath slippers for your visit to our spa. In addition, there is a bathrobe for rent in your room closet. If you like our bath bags and bathrobes, you are welcome to purchase them from us at the reception. Please do not forget to take your spa bag back to your room as soon as you leave the spa area.

#### **BATH TOWELS**

We are very concerned about the environment, so we would like to ask you: Please hang bath towels that you would like to use again on the hook. If we find your bath towel on the floor, we will gladly exchange it for you. We would like to avoid unnecessary washing and thus contribute to environmental protection with your help.

If you need more bath towels for your spa stay, please contact the staff at the spa reception. They will be happy to provide you with more rental bath towels.

#### BATH WATER TEMPERATURES

Our pool with counter-current system has a water temperature of approximately 30 °C. Our whirlpool has a temperature of about 35 °C. We hope you have a lot of fun bathing.

#### CANCELLATION SPA

If you are unable to keep an appointment, please cancel it at least 24 hours in advance by calling extension -820 or emailing spa@kunzmanns.de, otherwise you will be charged the full amount of the booked application. Please remember: the appointment was reserved especially for you!

#### CELL PHONE USE IN THE SPA

In order to preserve your privacy and that of the other guests, we ask you to turn off your cell phone in the entire spa area. In particular, image recordings are prohibited. Thank you for your understanding!

#### CHECK-IN FOR SPA TREATMENTS

In order to enjoy your full treatment time, we kindly ask you to arrive at the spa reception 5 to 10 minutes before your scheduled treatment time. Out of consideration for the next guests, we keep to our treatment times very strictly. We therefore ask for your understanding that the treatment time will be shortened if you are late.

If you are unable to keep an appointment, please cancel it at least 24 hours in advance by calling the extension -820 or by emailing spa@kunzmanns.de, otherwise you will be charged for the full amount of the booked treatment. Please remember: The appointment was reserved especially for you!

#### COMMUNICATION IN THE SPA

It is important to us that you to feel comfortable with us and really enjoy your treatment! Please inform your therapist on what you want, whether the room temperature is comfortable, whether the massage strokes are too firm or too weak, or whether you want a different volume or no music at all. Be sure to also inform us of any medical conditions (allergies, pregnancy, etc.).

#### COSMETICS

You can not only book a cosmetic treatment with us, but also purchase our Vinoble or Ebony products - whether as a gift or for your own facial routine at home. For more detailed information of our treatments and our products, feel free to contact our spa reception or take a look at our spa brochure.

#### COUNTERCURRENT POOL

Our pool has a counter-current system. You can easily activate it using the buttons next to the underwater jets.

#### COUPLE TUB

Relax in our couples tub. Atmospheric light in the couples tub "Rendezvous" and soft candlelight conjure up a romantic ambience for your wellness experience of a special kind soft relaxing music, invites you to dream. In addition, you will receive a glass of sparkling Secco. You can find more information in our spa brochure.

#### DETOX BODY WRAP

Treat your body to natural purification and detoxification with a detox body wrap. You can find all the information you need in our spa brochure.

#### FACIAL TREATMENT

We offer refreshing and regenerating facial treatments for both Him and Her. You can find more information in our spa brochure.

#### FIREPLACE LOUNGE

Are you looking for a quiet environment, warmth and comfort? Then our fireplace lounge is exactly the right place for you. Reserve a lounger exclusively for a complete day and see for yourself. Here you can let your soul dangle. Read an exciting book and enjoy the view of our fireplace. But that's not all. You will also receive a glass of Carolin or Gregor Secco.

#### FITNESS ROOM

You will find the fitness room adjacent to our spa. It is at your disposal from Monday to Sunday from 07:00 AM to 09:00 PM.

#### FOOD & DRINKS IN THE SPA

At the vitality bar in our sauna area you can help yourself to the revitalized Grander water and our tea selection free of charge. You can easily order additional drinks, coffee specialties or food from the service team using our spa phone. We will be happy to serve you food in our K's Spa Lounge.

#### GRANDER WATER

Experience the effect of revitalized water according to Johann Grander in our spa. The unique process of water revitalization restores the naturalness and strength of water weakened by long transport routes, cell phone radiation or other negative effects. Increase your well-being and vitality with a glass of Grander water! The Grander water is available to you free of charge in our K's Spa Lounge.

#### HYGIENE IN THE SPA

Please pay special attention to showering before entering the spa area and towel underlay in the sauna cabins.

#### INFUSION

Our spa team regularly performs infusions in our outdoor Finnish sauna. You can find information about our infusion times in our daily mail or at the spa reception. Would you like to do an infusion yourself outside of these infusion times? No problem. Our spa team will be happy to provide you with an infusion bucket with a pleasant and relaxing scent at any time. However, please be considerate of the other guests when doing so.

#### KIDS & TEENAGERS IN THE SPA

Children and teenagers under 16 years of age are not allowed in the fitness room and sauna area. Our Kunzmann's spa is a place of tranquility. We thank you for your understanding.

#### **K'S SPA LOUNGE**

Our K's Spa Lounge is located adjacent to the relaxation area in our spa. There you will find our vitality bar for refreshing drinks and snacks. We will also be happy to serve you your order from the GREGOR | 1926 restaurant there.

#### MASSAGES

Indulge yourself by choosing your favorite from our comprehensive massage offer. For more information or to make an appointment, feel free to contact our staff at the spa reception or browse through our spa brochure. You will find it in your room.

If you are unable to keep your appointment, please cancel it at least 24 hours in advance by calling extension -820 or pressing the "SPA" button on your phone or by email. In case of later cancellation, we unfortunately have to charge you the full amount of the booked treatment.

#### MUD PACK

In our spa brochure you will find offers for partial- and full body-mud treatments.

#### PEELING

In our spa you can choose from three different body scrubs for a refreshed skin feeling. You can find more information in our spa brochure.

#### PRIVATE SPA

In our private spa, you have the opportunity to enjoy our Kunzmann's spa privately and just the two of you in the evening hours, cuddling and dreaming by candlelight. You can find more information about this offer in our spa brochure.

#### PRODUCTS FOR HOME USE

Almost all of our products are also available for purchase for home use at our spa reception. If you wish for a consult, our spa team will be happy to assist you.

#### RESERVATION OF THE SPA RESTING PLACES

Out of consideration for the other guests, we would like to ask you not to reserve the sunbeds in our spa, both indoors and outdoors. Therefore, we ask for your understanding that our staff will vacate the reserved loungers after 20 minutes. An exception to this is our fireplace lounge. There, we will gladly reserve an exclusive snuggle spot for you for the entire day for an additional charge. You will find more information on this in the spa brochure or feel free to contact our colleagues in the spa.

#### **RESTING ROOM IN SPA**

Just close your eyes and relax. See for yourself and spend some time in our resting room.

#### RHÖN-STUBE

Completely relaxed, you can enjoy the almost weightless state in the waterbed in our rustic and cozy Rhön-Stube. Enveloped in cozy warmth, you relieve your back. Precious active ingredients can be perfectly absorbed into the skin. You can find more information in our spa brochure.

#### SAUNA

To get your circulation going, why not visit our sauna area at Kunzmann's spa?

Please refer to the current daily mail for our sauna opening times. You are welcome to use the saunas earlier for groups of three or more. To do so, please simply register at our spa reception and our staff will be happy to assist you.

Our saunas and their temperatures:

Finnish Kelo outdoor sauna	approx. 80°C
Bio Sauna	approx. 60°C
Steam bath	approx. 45°C
Infrared cabin	approx. 40°C

#### SPA CLOTHING

It is best to appear for your treatment in a bathrobe with bathing shoes and without jewelry. In the bathing area, swimwear is mandatory, whereas our sauna area is a textilefree zone.

#### SPA RECEPTION

We are happy to accept appointment requests from Monday to Saturday from 10:00 AM directly at the spa reception or by dialing extension -820 or pressing "SPA" on your telephone. Please understand that our spa staff cannot be reached by phone during an application. You can also reach our staff by email at spa@kunzmanns.de. Alternatively, feel free to speak to our reception staff, who will be happy to pass on your information to the spa team.

#### SWIMMING POOL & WHIRLPOOL

Our pool area is open for you Monday to Sunday from 07:00 AM to 09:00 PM.

#### VITALITY BAR

Refresh yourself between extensive sauna sessions with revitalized Grander water or a relaxing cup of tea. In addition to drinks, our vitality bar also offers fresh fruit and a range of snacks, which you can also have served directly to the wellness area on request via the request telephone.

## CONSIDERATION IN THE SPA

- + We ask you to take a shower before swimming, sauna and before any treatment.
- + Please sit or lie down on a bath towel in all saunas (except the steam room).
- + The spa area is a place of peace and relaxation. To preserve your privacy and that of other guests, we ask that you turn off your cell phone throughout the spa area.
- + The entire wellness area is a non-smoking zone.
- + We urgently point out that the reservation / occupation of loungers in the bathing and sauna area with bathing utensils is not permitted. We ask for your understanding that our employees are authorized to clear unused but "occupied" loungers in the interest of all guests!
- + To avoid injuries we ask you not to bring bottles, glasses, cans into the changing -, shower and bathing area.



#### **OPENING HOURS SPA**

SPA RECEPTION: Mo-Sa: from 10:00 AM

SWIMMING POOL & WHIRLPOOL: Mo-So: 07:00 AM - 09:00 PM

FITNESS ROOM: Mo-So: 07:00 AM - 09:00 PM

**SAUNA & RESTING AREA:** Mo-So: 11:00 AM - 09:00 PM

For more information on the opening hours of the individual saunas, please refer to the current daily mail.

#### **BATH WATER TEMPERATURES**

Poolapprox.	30°C
Whirlpoolapprox.	35°C

#### SAUNA TEMPERATURES

Finnish Kelo outdoor sauna	.approx. 80°C
Bio sauna	.approx. 60°C
Steam bath	. approx. 45°C
Infrared cabin	.approx. 40°C

Capturing each person in their nlirely

# KUNZMANN'S AYURVEDA

Swimming AND AYURVEDA

For the safety of our guests, our swimming pool and whirlpool water is treated by ultrafiltration practically free of pathogens, so that our guests can swim carefree at any time.

The ultrafiltration of the water is a highly sensitive process, which is disturbed by the Ayurvedic oils and irreparably destroys plant technology.

Therefore, we ask you to pay close attention to the following after an oil treatment and before a possible visit to the swimming pool:

- + Never go into the swimming pool directly after an oil treatment
- + Remove all oil residues after the soaking and relaxation phase
- + Clean yourself thoroughly before going into the pool
- + Please avoid contact with clothing and other materials after Ayurvedic treatment with oil

Thank you for you support!

# KUNZMANN'S AYURVEDA FROM A-Z

# AYURVEDA APPOINTMENT BOOKING & INFORMATION

We kindly ask you to inform us of your treatment wishes when you make your room reservation or before your arrival. For organizational reasons, we cannot always fulfill treatment requests that are only expressed on site - especially for short stays. Missed treatments are considered to have been administered and cannot be made up for. Individual advice and appointment information is available at the Ayurveda reception daily in person or by telephone at the following number

- + EXTENSION: -832 or via
- + E-MAIL: rezeption@ayurveda-deutschland.org

The Ayurveda reception is open from Monday to Friday from 08:30 AM to 05:00 PM and on Saturdays from 08:30 AM to 04:00 PM. With the exception of Easter Sunday and Christmas Day, the reception is also open on holidays.

#### AYURVEDA BATH TOWELS & BATHROBES

In your room closet you will find a bathrobe specially designed for your Ayurveda treatment. Of course, you can also use this in the spa. If you need another bathrobe for the spa area, please contact one of our staff members at the reception.

#### AYURVEDA CANCELLATION

If you cannot keep an appointment, please cancel it at least 24 hours in advance by phone or email, otherwise you will be charged the full amount of the booked application. Please remember: the appointment was reserved especially for you!

#### AYURVEDA CHECK-IN

In order to enjoy your full treatment time, we kindly ask you to arrive at our waiting area at the Ayurveda reception 5 to 10 minutes before your scheduled treatment appointment. You will find our Ayurveda center on the first floor above the spa area. From there you will be directed to the rooms. Out of consideration for the next guests, we keep to our treatment times very strictly. We therefore ask for your understanding that the treatment time will be shortened if you are late.

#### AYURVEDA CLOTHING

It is best to come to your treatment in a bathrobe with bath slippers and without jewelry. You will find a special bathrobe for your Ayurveda treatment already in your room.

#### AYURVEDA COMMUNICATION

We want you to feel comfortable with us and really enjoy your treatment! Please tell your therapist what you want, whether the massage strokes are too firm or too weak, or whether you want a different volume or no music at all.

We have sparked your interest in Ayurveda? You can find more information and our offers in our Ayurveda brochure, which is ready for you in your room or at the reception desk. If you have any questions or are in need of further information, please contact our staff at the Ayurveda reception!

#### AYURVEDA DIAGNOSTICS

A successful Ayurvedic treatment requires a precise diagnosis. The diagnosis is mainly about your individual type determination, the discussion of the personal health questionnaire with recommendation of individual treatments, as well as a type-appropriate diet and a lifestyle change of the patient. Our Indian doctors will address the points above together with you during the initial medical consultation.

#### AYURVEDA DOCTORS

In addition to our therapists, two specially trained Ayurvedic doctors also work with us at Kunzmann's Hotel! The two have completed their studies in India and are now bringing the authentic Ayurvedic medicine to us in Germany, according to the principles of the Madukkakuzhy family, which have been passed down over eight generations.

#### AYURVEDA DRINKS

If you get thirsty before or during the treatment, water is always available at our Ayurveda reception. Furthermore, you can get ginger water and tea in our restaurant GREGOR | 1926.

#### AYURVEDA FULL BOARD

We have sparked your interest for Ayurveda? With us at Kunzmann's it is possible to book an Ayurvedic full board. This includes breakfast, lunch and dinner, individually according to your treatment setting. You will find further information in our Ayurveda brochure, which is in your room and also available at the reception.

#### AYURVEDA MADUKKAKUZHY

Dr. Jobin Joy Madukkakuzhy's family has been passionately practicing the traditional healing art of Ayurveda in Kerala (Southwest India) for eight generations. For Dr. Jobin and his family, helping and bringing healing to people with illnesses is a matter of the heart. To achieve this, they use both the traditional knowledge and formulas of their ancestors, as well as the most modern technology, and produce most of their medicine themselves under strict, externally controlled quality standards.

#### AYURVEDA MANTRA CHANTING

Twice a week you have the opportunity to participate in a joint mantra chanting. For more detailed information, please refer to the daily mail or contact our reception.

#### AYURVEDA MEDICINE

Ayurveda has been the traditional Indian system of medicine for over 5,000 years and still provides primary care for over 1.3 billion people on the Indian subcontinent.

Ayurveda considers the human being in the entirety of their physical and mental constitution and their social environment.

A distinction is made between three main energy types, called doshas. Each of the three doshas, which roughly translates as "constitution", is distinguished from the other two by an individual diet and therapy.

A person is healthy when they eat and live according to their dosha. If they permanently disregard basic rules, disturbances and waste products develop in the body and, in the course of time, chronic diseases. In Ayurvedic medicine, therefore, the causes of a disease are treated and remedied, not the symptoms fought.

Here at Kunzmann's Hotel, in cooperation with the Ayurveda Center Germany, you have the opportunity to get a taste of Ayurvedic medicine or even participate in Ayurveda treatments over several days. You can find further information in our Ayurveda brochure or at the reception.

#### AYURVEDA MEDITATION

One of the three pillars of Ayurveda is yoga and meditation. Therefore, we regularly offer guided meditations for an additional charge. You can find the dates in our daily mail. We ask for your understanding that we cannot give a blanket answer about the availability of our courses, as it always depends on the availability of the room and the trainers.

In addition, we offer mantra chanting twice a week for those interested.

You would like to meditate alone and undisturbed? Then you are welcome to use our Stellberg room (yoga room) (depending on availability), as well as the space around our house pond or a spot in the park, if the weather is nice. Our reception team will be happy to provide you with information about the availability of our yoga room.

#### AYURVEDA NATURAL REMEDIES

In Ayurvedic medicine, many exotic spices such as turmeric, cinnamon and cardamom, as well as medicinal herbs, plants and minerals are used as dietary supplements according to ancient recipes. Chemically produced medicines are not used.

#### AYURVEDA NUTRITION

Of course, we also count two Ayurvedic chefs among our team, after all, one of the three pillars of Ayurvedic medicine is nutrition.

Therefore purely vegetarian meals are prepared fresh in our kitchen according to Ayurvedic guidelines daily. In order to achieve the best possible results from your diet, we rely on a fixed menu plan, which was created together with our Ayurvedic doctors and is adjusted daily to the needs of the treatment. As raw materials we use regional quality combined with ingredients from the Ayurvedic country of origin, India. In addition, we also cater to individual wishes during your stay, as long as they do not largely contradict the treatment plan.

#### AYURVEDA OILS

For our famous oil massages and the "royal forehead casting Shirodhara" we exclusively use oils that are suitable for the relevant dosha type, which we produce ourselves in elaborate processes under externally controlled quality standards at our headquarters in India and import to Bad Bocklet.

#### AYURVEDA PRICES

You will find a list for the individual prices of the Ayurveda treatments in our Ayurveda brochure in your room. If you have any further questions or uncertainties, please do not hesitate to contact our staff.

#### AYURVEDA SYNCHRONOUS TREATMENT

As the name suggests, the treatment is performed by two of our Indian therapists simultaneously or in parallel..

#### AYURVEDA THERAPISTS

A definitely unique selling point in our hotel: Our Ayurvedic treatments are led by our six-member Indian team. This consists of our charming Ayurveda specialists, who work according to the principle of the Madukkakuzhy family! You can recognize our therapists by their traditional Indian clothing.

#### AYURVEDA TREATMENTS

In the Ayurveda brochure in your room you will find a detailed description of the treatments offered. Our offer ranges from a treatment to get to know the practice, to the Ayurvedic Panchakarma treatment. For organizational reasons, we ask you to inform us of your treatment wishes when you make your room reservation or before your arrival. Please understand that treatment requests that are only expressed on site can unfortunately not always be fulfilled due to availability.

#### AYURVEDA TREATMENT ROOMS

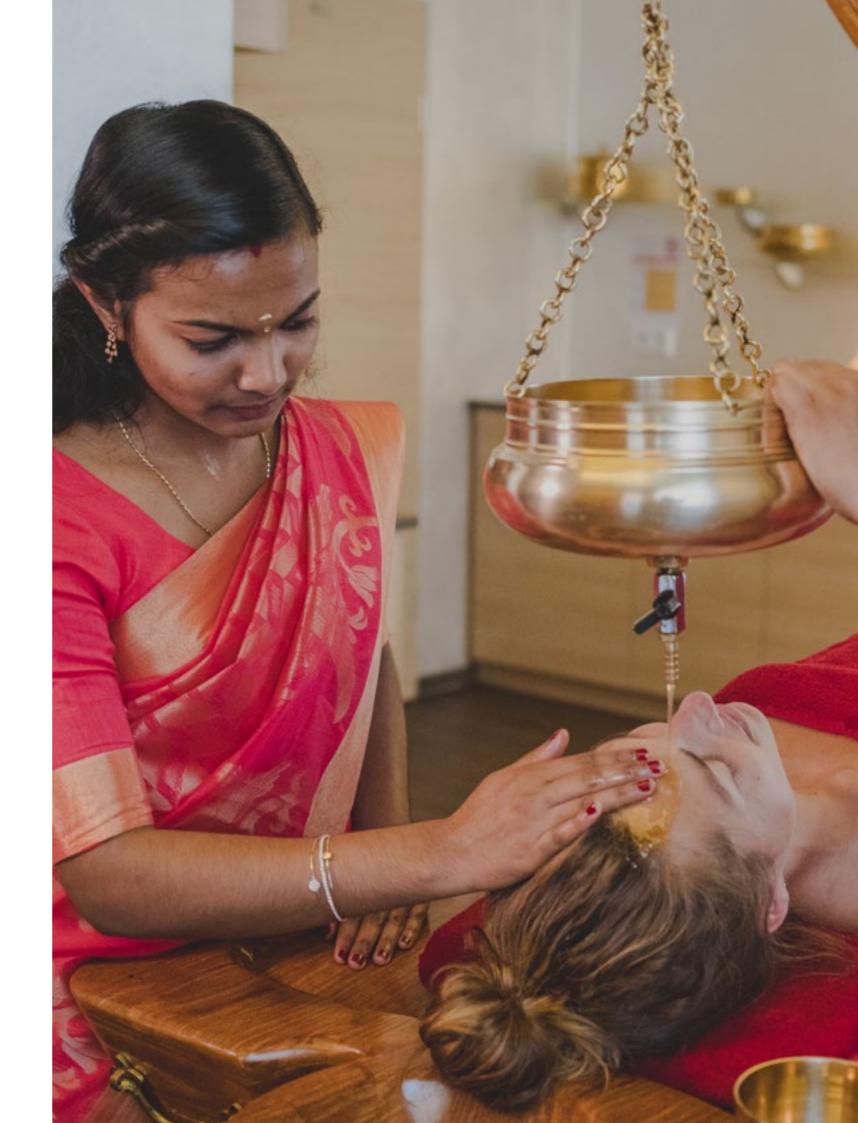
The Ayurveda center of our hotel, with a total of five treatment rooms, is located both on the first and second floor above the Kunzmann's spa. But don't worry! All rooms are well signposted so you can easily find them without a long search.

#### AYURVEDA YOGA

Alone or under guidance, indoors or in the great outdoors - the choice is yours! Every day we offer free yoga classes under the guidance of an instructor. You can find the times for these in your current daily mail. Please note that the number of participants is limited. So if you are interested, do not hesitate too long. It does not matter if you are a professional or a beginner!

As an Ayurveda guest, participation has already been planned for you as part of your Ayurveda treatment. If you are prevented from attending and cannot participate, please cancel in good time.

You would like to do yoga outside of our offered courses? Our hotel garden around the pond, the terrace in front of the yoga room, and the adjacent park offer the perfect opportunity. Depending on availability, you can also use our hotel's own yoga room. We will gladly provide you with yoga equipment free of charge in exchange for a deposit. Please do not hesitate to contact our reception team. We are also happy to help you if you want to hold your own yoga retreat in a group in our house.



A CHANGE FROM THE DAILY WELLNESS ROUTINE

Mature & Activity

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## A CHANGE FROM THE DAILY WELLNESS ROUTINE

- + GORGEOUS LOCATION IN THE BAVARIAN RHÖN
- + FREE PARTICIPATION IN THE WEEKLY ACTIVITY PROGRAM AND RELAXATION TRAINING
- + DAILY YOGA UNDER GUIDANCE (LIMITED NUMBER OF PARTICIPANTS)
- + THE BAD BOCKLET PARK AREA DIRECTLY IN FRONT OF OUR HOTEL IS PERFECT FOR JOGGING OR FOR A WALK
- + RUNNING, WALKING AND BIKING TRAILS DIRECTLY IN FRONT OF OUR HOTEL
- + STARTING POINTS FOR NUMEROUS HIKING, MOTORCYCLE AND BICYCLE TOURS IN THE RHÖN REGION
- + THE BEAUTIFUL SURROUNDING FORESTS ARE PERFECT FOR A SHORT HIKE
- + REDUCED ENTRANCE TICKET FOR THE SALT HEALING GALLERY IN BAD KISSINGEN
- + GREENFEE REDUCTIONS ON ALL PARTNER GOLF COURSES OF THE COOPERATION "GOLFING IN FRANCONIA"
- + FREE ADMISSION TO ALL SPA CONCERTS IN BAD BOCKLET AND BAD KISSINGEN WITH YOUR GUEST CARD
- + FREE USE OF THE FITNESS AREA & SWIMMING POOL
- + WINTER HIKING THROUGH GORGEOUS WINTER WONDERLANDS
- + FREE BACKPACK RENTAL FOR YOUR UNFORGETTABLE TRIP
- + FREE USE OF THE BÄDERLAND BUSES DURING THE SUMMER MONTHS (ALSO WITH BICYCLE)
- + REGULAR GUIDED TOURS THROUGH BAD BOCKLET

## GENERAL

#### CULTURAL PROGRAM

With your guest card you have free admission to all spa concerts in Bad Bocklet, as well as Bad Kissingen. In addition, your guest card also gives you free admission to the historic Bad Kissingen casino.

#### **EXCURSION DESTINATIONS**

Would you like a bit of a change from your everyday wellness routine and are looking for suitable excursion destinations? We have divided them into cities, museums and nature destinations on the following pages. For more information on the location of the top excursion destinations in the Rhön (with map), it is worth taking a look at our large hotel brochure "Aus Liebe zur Gastlichkeit", which is also available in your room. In addition, you will find more detailed information about the excursion destinations on our website: www.kunzmanns.de.

#### EVENT TICKETS

Tickets can be obtained quickly and easily from the tourist information office by calling +49 (0) 9708 707030. For concerts and theater highlights in Bad Kissingen you can call the ticket hotline +49 (0) 971 8048444 directly.

#### **EVENT TIPS**

Two popular music festivals with world stars of classical music, as well as pop music take place in Bad Kissingen every year:

"Kissinger Sommer" in June / July. "Kissinger Winterzauber" in December / January.

For more information, please contact our reception team.

## **BAD BOCKLET &** SURROUNDING AREA

The smallest Bavarian state spa Bad Bocklet offers historical buildings and monuments as well as a variety of beautiful hiking and biking trails along the river Saale. Nature lovers will get their money's worth here.

#### BALTHASAR-NEUMANN SPRING

In the Bad Bockleter well, named after its famous master builder, bubbles the most ferrous healing water in Germany. The "Bad Bockleter Stahlwasser" can only fully develop its highly effective and health-promoting effect through its dissolved minerals and gases.

In addition, it is precisely the high proportion of dissolved gases that causes a strong and yet well-tolerated blood circulation to the skin. From the inside, through a drinking cure, for example, the organism is also purified, enriched with minerals and the entire metabolism is stimulated.

#### **BOOKS PAVILION**

Located directly above our hotel is a small but cultural center around the topic of books. In the book pavilion you have the opportunity to enjoy a cup of coffee and at the same time relax in a cozy corner to browse through various books.

In addition, regular events such as readings and exhibitions take place there.

#### EDUCATIONAL NATURE TRAIL ASCHACH

Young and old can hike along the 2.3 km nature trail on the outskirts of Aschach through a varied piece of nature. At the edge of the Bavarian Rhön Nature Park you have the opportunity to learn a lot of new things about ecology and pedagogy.

– DISTANCE: 3 KM –

#### GUIDED TOURS

How about a guided tour through the most beautiful parts of Bad Bocklet? Please contact the tourist information office. Forest bathing or herbal tours are also offered regularly for you partly free of charge or with a discount.

#### PARISH CHURCH STEINACH

In the altar area of the parish church in Steinach you have the opportunity to admire the valuable cross of the famous Franconian master Tilman Riemenschneider.

– DISTANCE: 3 KM –

#### RUPPEL-MILL IN ROTH

The "Ruppel-Mill", built in 1889, is known far beyond the Rhön region. Its origin goes back to the year 1582. – DISTANCE: 4 KM –

#### SPA PARK AND READING HALL

In addition to Crown Princess Marie of Bavaria, the Austrian Empress Sissi also came to Bad Bocklet for a cure or simply to visit. The center of the extensive park landscape is the historic Wandelhalle. Due to its characteristic shape, it is also used as a concert hall or for cultural events. In the Kurmittelhaus there is a plaster cast of an artistic triptych by the sculptor Thorvaldsen, the so-called Auguste Böhmer, a favorite of the Romantic circle in Jena around Goethe and Schiller. It shows Auguste handing her mother a bowl filled with Bocklet healing water.

In addition, you should definitely also visit the Biedermeierstyle reading hall.

#### WAYSIDE SHRINE HIKING TRAIL ASCHACH

Besides wine, Franconia is also known for its wayside shrines, both in the landscape and in its villages. In the market town of Bad Bocklet, especially in the district of Aschach, the local homeland and hiking association has taken on the task of caring for this culture worth preserving. With the wayside shrine hiking trail, the association tries to make people aware of the tradition again.

# BAD KISSINGEN & SURROUNDINGS

The world-famous spa town of Bad Kissingen is characterized by its rich history, which is told by a multitude of historic buildings. In keeping with the tradition of the old spa town, the spa "KissSalis-Therme" offers a very special wellness experience. In addition, a wildlife park and various natural monuments are waiting to be discovered. A visit to the historic casino "Bayerische Spielbank" represents the successful conclusion to a fantastic day.

#### BAYERISCHE SPIELBANK CASINO

Are you in the mood for a thrill or dreaming of a big win? Then the "Bayerische Spielbank", a casino at Luitpoldpark 1, is just the place for you. Fingers crossed!

– DISTANCE: 9 KM –

#### BOTENLAUBEN CASTLE RUINS

Probably the oldest landmark of the town of Bad Kissingen was built around 1180. After the castle slowly began to decay after the Peasants' War in 1525 and more and more stones were looted, the citizens of Bad Kissingen decided to secure the ruin in 1881 and make it accessible.

But beware! According to legend, old ghosts still haunt the walls.

– DISTANCE: 11 KM –

#### DAMPFERLE

In 1877 steamboats sailed the Saale for the first time. This tradition is continued today with the "Dampferle". The difference: today the ships are powered by diesel engines. The transport service can be restricted or exposed.

During the week they run every 40 minutes and on weekends even every 20 minutes (except in the winter months) between the Rosengarten and the Saline.

– DISTANCE: 9 KM –

#### **GRADUATION WORKS**

From the end of April to October you have the opportunity to breathe deeply in the graduation works. The healthpromoting microclimate is imitated here by dripping, brinecontaining healing water, which drips on blackthorn hedges. – DISTANCE: 6 KM –

#### **KISSSALIS-THERME**

On more than 7000 m<sup>2</sup> you experience pure relaxation in the thermal bath or the sauna area. With your guest card you receive a free extension hour. You can find more information about the KissSalis-Therme under www.kisssalis.de.

– DISTANCE: 10 KM –

#### MEDITRINA SALT HEALING GALLERY

If you want to do something good for your lungs and respiratory tract, visit the Meditrina salt healing gallery in Bad Kissingen. You can get discounted tickets at our reception.

– DISTANCE: 9 KM –

#### STAGECOACH RIDE

The stagecoach had its maiden voyage on June 7, 1939. The beginning of the war brought it to its end after a few months. Since the summer of 1950, the four-horse yellow carriage has been running again in Bad Kissingen and has not stopped until today! Nowadays, the Bad Kissingen stagecoach is the last line of the Deutsche Post that still exists. Today, however, the carriage only runs from May to October from Bad Kissingen through the Saaletal to Aschach Castle (Thursday & Saturday) and to Bad Bocklet (Friday & Sunday). The stagecoach has room for nine passengers. You can easily reserve a ticket by calling +49 (0) 971 8048 444. – DISTANCE: 8 KM (TATTERSALL) –

#### WILDLIFE PARK KLAUSHOF

Experience nature up close during a foray through the Klaushof Wildlife Park. Open year-round, the approximately 30-hectare urban wildlife park is home to native wild animal species and domestic breeds. From April to October, the wildlife park is open daily from 10:00 AM to 06:00 PM (admission until 05:15 PM). From November to March daily from 10:00 AM - 05:00 PM (admission until 04:15 PM). – DISTANCE: 10 KM –

# FURTHER TOWNS & BEAUTIFUL PLACES

#### BAMBERG

With its diverse beer culture and traditional festivals, Bamberg is the perfect destination for all connoisseurs. In addition, the historic old town, which has been designated a UNESCO World Heritage Site, with its many small stores offers the opportunity for strolls in a very special atmosphere.

– DISTANCE: 95 KM -

#### FLADUNGEN

In the middle of the Rhön Biosphere Reserve lies the picturesque town with these special treasures: the Franconian Open Air Museum and the Rhön Museum. Guests can look forward to a historical journey through time with picturesque sceneries.

– DISTANCE: 43 KM –

#### FULDA

The baroque city of Fulda captivates with its diverse, cultural offerings ranging from museums and historic buildings to concerts and festivals. In addition, the city center offers a pleasant atmosphere for strolling in large department stores, as well as small stores.

– DISTANCE: 62 KM –

#### HAMMELBURG

Romantically situated in the vineyards, the oldest wine town in Franconia impresses with wonderful hiking trails, including an educational wine trail. The castle Saaleck towering over the city, the Kellereischloss and the historic town hall in the city center with a fountain also invite you to visit and admire. – DISTANCE: 32 KM –

#### MÜNNERSTADT

The medieval town of Münnerstadt attracts visitors with its historic townscape and well-preserved city wall. The St. Magdalena Church with its winged altar, made by the Franconian master Tilman Riemenschneider, is also impressive.

– DISTANCE: 11 KM –

#### SCHWEINFURT

The imperial, cultural and industrial city of Schweinfurt is particularly characterized by its diversity. In addition to a culturally and historically attractive program, the city knows how to inspire especially small guests with a game park, climbing forest, indoor playground and quarry pond.

– DISTANCE: 35 KM –

#### WÜRZBURG

The famous wine city on the River Main is a real experience not only for wine connoisseurs. The old town with its Residenz, which has been designated a UNESCO World Heritage Site, offers culture lovers plenty to discover. In addition, there are many shopping opportunities. – DISTANCE<sup>-</sup> 70 KM –

# **MUSEUMS**

Below you will find a list of individual museums. For requests for guided tours or more detailed information, it is best to contact the individual museums directly. Our reception staff will also be happy to answer any questions you may have.

#### FRANCONIAN OPEN-AIR MUSEUM FLADUNGEN

In the open-air museum, or "Freilandmuseum", you can experience the former Franconian village life - how people lived, worked and celebrated.

The grounds, which cover more than twelve hectares, include various farmsteads from the surrounding area, a church built in 1802, a community brewery and a village school. In addition, domestic and farm animals such as goats or geese live there.

Throughout the year there are always changing events and exhibitions, as well as guided tours and seminars.

The Franconian open-air museum in Fladungen is open Tuesday to Sunday from April to November. You can find it at Bahnhofstraße 19 in 97650 Fladungen.

From May to September, the historic Rhön-Zügle also runs on selected Sundays between the train stations of Fladungen and Mellrichstadt.

– DISTANCE: 41 KM –

#### MUSEUM OBERE SALINE

Are you interested in the first chancellor of the German Empire, Otto von Bismarck? Then the Museum "Obere Saline" in Bad Kissingen is the right place for you. There you will find his historic apartment with the original furnishings and an exhibition about his stays in Bad Kissingen. The address is: Obere Saline 20, 97688 Bad Kissingen

– DISTANCE: 6 KM –

#### SCHLOSS ASCHACH - MUSEUMS

Aschach Castle, which was rebuilt by the prince-bishops from Würzburg after the Peasants' War, houses three museums and is one of the most interesting architectural monuments in Franconia.

The castle combines the Grad-Luxburg-Museum with originally furnished rooms from the 19th century, as well as the School Museum (Schulmuseum) and the Folklore Museum (Volkskundemuseum). The castle also regularly hosts concerts in the picturesque courtyard. The "Aschacher Spätlese" is also a literary highlight.

The museums are open daily from Easter to October, with the exception of Mondays. If a Monday coincides with a holiday, however, the museums are open that day and closed on the following day. You can find it in the Schlossstraße 24 in 97708 Bad Bocklet/Aschach.

– DISTANCE: 3 KM –

#### MUSEUM GEORG SCHÄFER

The Museum Georg Schäfer houses the most important private collection of art in the German-speaking world of the 19th century. The industrialist Dr. Georg Schäfer collected the works of the most diverse art movements after the Second World War. You can find famous artists like Adolph Menzel, Franz Pforr or Caspar David Friedrich in the exhibition.

There are also always special exhibitions and guided tours on various topics.

The museum is open daily except for Mondays and holidays. You can find it at Brückenstraße 20, 97421 Schweinfurt.

– DISTANCE: 35 KM –

# NATURE DESTINATIONS

#### ALPACA HIKE

Have you always wanted to hike with Alpacas through the Rhön? With Flo & Maggi from "Rhönmomente" at Ellerweg 7 in 97656 Oberelsbach you have the opportunity to do just that. The two offer guided hikes with these wonderful animals.

– DISTANCE: 32 KM –

#### LAKE BASALTSEE

The lake "Basaltsee" is an artificial lake in a quiet and idyllic location, which was created by mining basalt. If you are looking for peace and quiet, you will definitely find it here. The lake offers a great starting point for a hike and is very popular with anglers.

– DISTANCE: 34 KM –

#### HIGHLAND CATTLE

We are Scottish Highland cattle and have found our home in the Rhön with Edgar Thomas. Most of all we like to stay in the open air on the surrounding meadows of Bad Bocklet. Snow and rain do not impress us at all. If it gets too hot, we look for a shady place to shelter.

- DISTANCE: APPROX. 2 KM -

#### KREUZBERG

The Kreuzberg rises impressively above Bischofsheim with a height of 928 m and the Franciscan monastery. The Kreuzberg is known for its centuries-old tradition as a place of pilgrimage. But hikers, vacationers and day trippers are also magically attracted to the "holy mountain of the Franconians". The monastery with its own brewery invites you to stay.

– DISTANCE: 30 KM –

#### RED MOOR

The Red Moor is part of the Hochrhön and one of the most popular destinations, especially for hikers in summer and cross-country skiers with trails in winter. Due to its unique nature, the Red Moor is a very important part of the Rhön UNESCO Biosphere Reserve.

– DISTANCE: 33 KM –

#### **BLACK MOOR**

The Black Moor is considered a special protected area of the Bavarian Rhön. A 2.2 km long boardwalk makes it possible to stroll leisurely through this showcase of nature. Nowadays the Black Moor is one of the most important raised bogs in Europe and is strictly protected as a core zone in the UNESCO Biosphere Reserve Rhön.

– DISTANCE: 41 KM –

#### STONE WALL

The stone wall, or "Steinwand", is a good 100 m long, vertically sloping wall made of up to 28 m high phonolite rock. While the Steinwand can be climbed effortlessly from behind, the steep front side is especially popular with climbers. Whether for climbing or for a relaxing walk - the stone wall is always worth a visit.

– DISTANCE: 47 KM –

#### WASSERKUPPE

At 950 m above sea level, this is the highest and best known mountain in the Rhön. Especially for families with children and particularly active people, the Wasserkuppe is a very popular destination. A wide variety of sports and leisure activities such as tobogganing, skiing and snowboarding in winter and hiking, summer tobogganing and gliding in summer invite visitors to have lots of fun. The climbing garden is also very popular with visitors.

– DISTANCE: 44 KM –

## **LEISURE & EXERCISE**

#### ACTIVITY PROGRAM

In our activity program you will find many free program suggestions for your stay. From Nordic Walking, aqua fitness to meditation, there is something for every one of our guests! You can find the exact dates of the daily program in the current daily mail. For further information or if you have any questions, our reception team will be happy to help you.

#### AVIATION

A special feature of the Rhön - especially at the Wasserkuppe - is aviation. Whether gliding, paragliding or hang gliding, hot air ballooning or letting model airplanes take to the air - the Rhön knows no limits when it comes to taking off.

– DISTANCE: 42 KM –

#### CROSS-COUNTRY SKIING

The Rhön has a lot to offer not only in summer. In the winter the Rhön turns into a white sparkling wonderland. For cross-country skiers, for example, many trails are groomed, including around the Kreuzberg. For current information, please contact one of our staff members at the reception.

#### CYCLING

You just want to leave your car and explore the Rhön by bike? Whether you are a beginner or a professional cyclist, we have a suitable bike tour for every guest.

With your guest card you can easily and free of charge travel to all spa towns by bus from May to October and thus also explore more distant destinations by bike.

Timetables, the route network and the itinerary of the Bäderland bus can be found on our website or at the reception. We have summarized a few highlights for you below.

If you don't have a bike with you, you have the option of renting one from us at the reception or from Fahrrad Floth in Bad Kissingen in various sizes for a fee. Please note that the use is at your own risk. In addition, the key holder is liable for any damage that occurs. If you notice any problems, please contact our team at the reception.

#### E-BIKE RENTAL

You want to explore the hilly landscapes of the Rhön without any effort? Then an e-bike is perfect for that! On steeper climbs, the motor of the e-bike supports you so that you can comfortably enjoy the beautiful view. Our Kunzmann's E-bikes are available for rent at reception desk. Alternatively, they can also be lend from:

#### FAHRRAD FLOTH

Erhardstraße 41 97688 Bad Kissingen Telephone +49 (0) 971 68761

In addition, there are maps and information material on cycling routes available at the tourist information office in Bad Bocklet. We are happy to recommend the following cycling tours:

#### LONG-DISTANCE CYCLE ROUTE "VOM MAIN ZUR RHÖN"

If you fancy a relaxing route of about 90 km, you should take a closer look! On 25 information boards along the way you can learn about stages, places and the tourist offers.

#### **BIKE TRAIL "FRÄNKISCHE SAALE"**

On the Bäderland route (approx. 128 km), you have the opportunity to ride your bicycles on mostly asphalt paths in the valley and still always be in the immediate vicinity of the Saale River. In addition, with this route you pass four of the five health spas of the Bavarian Rhön.

#### RHÖNRADWEG

The 180 km long cycle path runs not only between Bad Salzungen (Thuringia) and Hammelburg (Bavaria), but also through Hesse, making it a nature and cycling experience that crosses several federal provinces. In addition to large pastures with cattle and Rhön sheep, dense beech forests and moors, you will also pass through primeval forests left to their own devices. The cycle path also connects all four health resorts: Bad Salzungen, Bad Neustadt, Bad Bocklet and Bad Kissingen.

#### FISHING

The Franconian Saale is very popular with anglers. Day tickets and further information on fishing in the area are available from May to October at the Bad Bocklet spa and tourist information office (Phone +49 (0) 9708 / 707030).

#### GOLFING

Did you know that our Kunzmann's Hotel is part of the cooperation "Golfen in Franken"? Because golfing is very popular not only with Gregor Kunzmann, but also with many guests. This does not only benefit us, but you as well, because you have the possibility to get up to 30% Greenfeereduction on our partner golf courses of "Golfen in Franken" (www.golfen-in-franken.de). We will be happy to reserve your desired tee time on the golf course of your choice. Simply contact our staff for this.

#### GOLFCLUB BAD KISSINGEN E.V.

The 18-hole golf course is not only one of the oldest, but also one of the most beautiful courses in Germany. Especially the old tree population stands out: The course is bordererd with huge chestnuts, imposing lime trees and colorful blood plums. As our guest you will receive a Greenfee-reduction on this course.

– DISTANCE: 12 KM –

#### GOLFCLUB FULDA RHÖN E.V.

With the 18-hole panoramic golf course, the golf club owns a scenically unique and at the same time playfully demanding course. Enjoy the beautiful golf course and master the special challenges of the course in peace and with composure. As a guest of Kunzmann's Hotel you will also receive a Greenfee-reduction here.

– DISTANCE: 22 KM –

#### GOLFCLUB COBURG SCHLOSS TAMBACH E.V.

The 18-hole golf course is not only a good place to go for amateur golfers, but also more than suitable for golf beginners. Because in addition to tournaments, such as the Brose Pro-Am, there is also a golf school with trial courses for beginners on the over 6000 m long playing area. Convince yourselves and enjoy a Greenfeereduction. Our staff will be happy to answer any questions you may have and, of course, help you book your Greenfee-times.

- DISTANCE: 72 KM -

#### GOLFCLUB SCHWEINFURT E.V.

This golf course is one of the most attractive and modern golf courses in Lower Franconia! Green meadows, open spaces and a good atmosphere await golfers at the course in Löffelsterz, a few minutes' drive from Schweinfurt.

The golf course is located in the middle of nature and thus offers peace and quiet for full concentration on the game. This course is also ideally suited for golfers of an older age, as the entire golf course has few inclines and declines, making it pleasant to walk! In addition, beginners or golfers who prefer a short game will find a short course with 6 holes. Great for a short game! And best of all? You also get a Greenfee-reduction as a guest in our hotel! Feel free to contact our staff at the reception for help for booking your Greenfee-times. – DISTANCE: 42 KM –

GOLFCLUB KITZINGEN E.V.

A golf course with sporting challenges and yet a family atmosphere - that is what the golf club in Kitzingen offers. The 18-hole course is not only the ideal introduction for beginners, but also perfect for golf enthusiasts. Enjoy a varied course with challenging holes overlooking the Main valley and make use of a Greenfeereduction as a guest in our hotel. We are also happy to help you book your Greenfee-times! Simply contact our staff at the reception.

– DISTANCE: 81 KM –

#### HIKING

Your are in the right region for hiking! In and around Bad Bocklet there are almost countless hiking opportunities that make every nature lover's heart beat faster. Following the course of the Franconian Saale, on the back of the mountain tops of the Vor-Rhön or rather marching through forests and fields? With us you will find a perfect hiking route for every mood. At our reception we will hand out hiking maps and will be happy to inform you if any questions should arise.

#### HORSEBACK RIDING

In Bad Kissingen you can also find something for horse lovers: The riding club Bad Kissingen. Whether beginner or professional, here you can find the right horse for every rider. For more information, see:

www.rv-badkissingen.de.

– DISTANCE: 6 KM –

#### JOGGING

You like to move in the fresh air? Excellent! Simply start in our park directly in front of our hotel. Should the weather not cooperate, a treadmill is also available in our fitness room.

#### MINIATURE GOLF

Directly adjacent to the spa park you will find a small miniature golf course in Bad Bocklet. We wish you a lot of fun while playing.

#### NORDIC WALKING

You feel like a round of Nordic Walking but did not bring sticks with you? No problem! Just borrow a pair free of charge at our reception and off you go. You will also find beautiful running routes around our beloved Bad Bocklet, divided into different kilometer lengths.

#### OUTDOOR POOL

We can recommend the following outdoor pools:

#### TERRASSENSCHWIMMBAD BAD KISSINGEN

Why not also pay a visit to the terrace swimming pool in Bad Kissingen. In addition to a non-swimmer pool for children and a swimmer pool, the Terrassenschwimmbad also has a diving tower pool. Information on opening hours and admission prices can be found on the website or by calling +49 (0) 971 8071340.

– DISTANCE 11 KM –

#### NATURBAD AURA AN DER SAALE

Sustainable bathing fun without chlorine - play, swim, enjoy and relax with a clear conscience - that's what the "Naturbad Aura an der Saale" offers you.

It is entirely based on ecological sustainability. Biologically purified water and environmentally friendly operation also offer allergy-friendly water quality. Due to the barrier-free access, the Naturbad Aura is equally usable for children, seniors and disabled people.

– DISTANCE: 21 KM –

#### PLAYGROUND

In the neighboring village Großenbrach - only four minutes drive away at Sankt-Andreas-Straße 10 - you will find a beautiful and new playground with many highlights for children.

#### SKIING

Are you an enthusiastic winter sportsman or would you like to try skiing? At the Wasserkuppe (Distance: 44 km) you will find several slopes and drag lifts, as well as the possibility to rent ski equipment.

#### SLEDGING

You feel like sledging? Besides the popular Wasserkuppe (Distance: 44 km), which attracts with a long sledging run and its own sledging lift, there are also other destinations that you can head for: The Feuerberg in the Black Mountains (Distance: 19 km) or, for example, the Rother Kuppe (Distance: 41 km).

You don't have a sled with you? At the Wasserkuppe you have the possibility to rent one directly on site.

For more information, please contact us at the reception.

#### SWIMMING

You can choose from bathing lakes, outdoor pools, thermal baths or the in-house Kunzmann's spa. You can find more information about these in this brochure under the corresponding keyword.

#### SWIMMING LAKE

You would like to go swimming in nature? Then we recommend the following swimming lakes:

#### BURGWALLBACHER SEE (SCHÖNAU AN DER BREND)

– DISTANCE: 23 KM –

#### SCHWEINFURTER BAGGERSEE

– DISTANCE: 39 KM –

Swimming, paddling, playing volleyball or sailing - everyone will find something to do here.

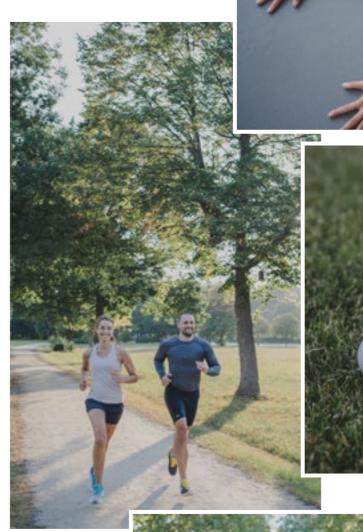
#### WINTER HIKE

There are countless hiking trails, not only in summer. In the winter months there is also a large selection of hiking trails through fantastic winter worlds ready to be explored.

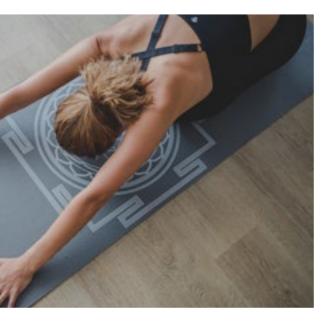
#### YOGA

Whether alone or under guidance, indoors or in the great outdoors - the choice is yours. Every day we offer yoga classes under the guidance of a trained yoga instructor. Please refer to the current daily mail for the current times for these. Please note that the number of participants is limited, so if you are interested, do not hesitate to ask our reception team for available places. It doesn't matter if you are a professional or a beginner!

You would like to do yoga outside of our offered courses? Our hotel garden around the pond, the terrace in front of the yoga room, as well as the adjacent park offer the perfect opportunity. Depending on availability, you can also use our hotel's own yoga room. We will gladly provide you with yoga equipment free of charge in exchange for a deposit. Please do not hesitate to contact our team. We are also happy to help you if you want to conduct your own yoga retreat in a group in our house.















#### KUNZMANN'S HOTEL

An der Promenade 6 97708 Bad Bocklet

Phone +49 (0) 9708 78 0 Fax +49 (0) 9708 78 100 willkommen@kunzmanns.de www.kunzmanns.de

INSTAGRAM: @kunzmannshotel FACEBOOK: Kunzmann's Hotel | Spa | Restaurant PINTEREST: Kunzmann's Hotel | Spa | Restaurant